



INGREDIENTS LIST

Feb 2026



ADD, SUB, EXTRA, DOUBLE STANDARDS & PRICING

The pricing in this table is for a full recipe portion. This is the **ADD**, **SUB**, or **DOUBLE** price.

A **DOUBLE** portion is twice the usual recipe amount, charged at the full price listed in this table.

An **EXTRA** portion is half the usual recipe amount and half the price listed in this table.

For any guest who wants to **SUB** a protein for chicken, turkey, or tofu in a sandwich or salad, use the 'Sub Protein' button on the vertical modifier bar in the POS.

The substitution value is built into the system.

For guests who wish to **SUB** other proteins, determine the difference in price and charge the difference, using the 'Open Food' button.

An example of this equal value substitution standard:

If a guest removes avocado from a salad and adds bacon, charge the guest \$.65 using Open Food (in Tier 2).

If a guest removes bacon from a sandwich and adds avocado, there is no charge or change in price.

PRODUCT	TIER 1&2	TIER 3	TIER 4
All Cheeses	\$1.00	\$1.00	\$1.00
All Other Breads	\$1.00	\$1.00	\$1.00
Gluten Free Bread	\$1.95	\$2.05	\$2.05
Avocado Egg	\$2.50	\$2.75	\$2.75
Bacon	\$2.85	\$3.00	\$3.50
Prosciutto	\$3.95	\$4.25	\$4.50
Chicken Turkey Tofu Impossible Chorizo	\$3.95	\$4.00	\$4.15
Air-Fried Chicken Tenders	\$6.50	\$6.75	\$6.75
Steak	\$6.25	\$6.45	\$6.45
Salad as a Wrap	\$1.00	\$1.00	\$1.00

CHEF'S SPECIALS - FEB 2026

MAJOR ALLERGENS		INGREDIENTS
SMOKY BBQ BRIOCHE		
CONTAINS: EGG; WHEAT; MILK;		
cornmeal brioche	VG	EGG; WHEAT; MILK; high gluten flour (enriched unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzymes, ascorbic acid), bread flour (malted barley flour), corn meal, eggs (whole eggs, citric acid), cane sugar, vegetable oil blend (palm, canola, and olive oils), non-fat dry milk, yeast, salt, malt (wheat flour, dextrose)
herb aioli	VG, GF	EGG; blended oil (canola/olive), cilantro, parsley, lime juice, garlic, kosher salt, mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor)
pork butt	GF	pork, water, vinegar, natural flavorings, salt, sugar. rubbed with salt, natural flavorings, sugar and minced onion.
kinders bbq sauce	V, GF	tomato puree (water, tomato paste), brown sugar, vinegar, sugar, salt, corn starch, worcestershire sauce (vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, tamarind, natural flavor), natural smoke flavor, cultured dextrose, onion powder, garlic powder, caramel color, ground red pepper, xanthan gum
carrot and apple slaw	VG, GF	EGG; cabbage blend, rainbow carrots, pink lady apples, red onion, dill, bbq carrot and apple slaw dressing (sugar, celery salt, black pepper, mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor), white vinegar)
bread & butter pickles	V, GF	cucumber, water, white vinegar, apple cider vinegar, white sugar, brown sugar, yellow onion, salt, mustard seed, celery seed, turmeric, garlic cloves, whole allspice, cinnamon stick
THE FARMHOUSE RANCH SALAD - VG		
CONTAINS: EGG; WHEAT; MILK;		
romaine lettuce	V, GF	
mixed greens	V, GF	
kale	V, GF	
fresh herb buttermilk dressing	VG, GF	EGG; MILK; lemon juice, 120 grain vinegar, shallots, garlic, sugar, buttermilk powder, salt, black pepper, xanthan gum, parsley, chives, dill, cayenne powder, buttermilk, sour cream (cultured cream), mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor)
flavor bomb tomatoes	V, GF	
cucumber	V, GF	
avocado	V, GF	
parmesan cheese	VG, GF	MILK; parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), potato starch and/or corn starch (to prevent caking)
tuscan krispies	VG	WHEAT; MILK; krispies (buttermilk, enriched wheat flour, japanese-style breadcrumbs (wheat flour, salt, yeast), yellow cornmeal, cornflakes (corn, salt, malt), parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), salt, spices (black pepper, garlic powder, onion powder, paprika, cayenne)), oregano, garlic powder, paprika, black pepper, salt, butter
chives	V, GF	
salt	V, GF	
black pepper	V, GF	

CHEF'S SPECIALS - FEB 2026

MAJOR ALLERGENS		INGREDIENTS	
WINTER CITRUS AND GOAT CHEESE SALAD - GF			
CONTAINS: MILK; TREENUT (almond);			
kale	V, GF		
romaine lettuce	V, GF		
mixed greens	V, GF		
mint	V, GF		
fennel	V, GF		fennel, lemon juice
roasted chicken breast	GF		chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
orange	V, GF		
honey roasted almonds	VG, GF	TREENUT (almond);	almonds, sugar, light amber honey, water, canola/olive oil blend, kosher salt, cayenne pepper
herbed goat cheese	VG, GF	MILK;	goat cheese (pasteurized goat milk, salt, cultures, vegetable rennet), honey, salt, herbs de provence (spices, lavender)
pickled red onion	V, GF		red onion, sugar, vinegar
hot citrus honey	VG, GF		bonne mamman marmalade (sugar, bitter oranges, water, brown cane sugar, concentrated lemon juice, fruit pectin), honey, calabrian chili peppers (italian hot chili peppers, sunflower seed oil, extra virgin olive oil, salt, vinegar, basil)
farmhouse vinaigrette	V, GF		balsamic vinegar, canola oil, agave, dijon mustard (water, mustard seed, distilled vinegar, salt, citric acid), sherry vinegar, extra virgin olive oil, maple syrup, sea salt, black pepper, xanthan gum

BREADS

		MAJOR ALLERGENS	INGREDIENTS
ROCKENWAGNER BAKERY BREAD - SERVED AT ALL LOCATIONS (MADE IN FACILITY THAT PROCESSES TREENUTS AND PEANUTS)			
ciabatta	V	WHEAT;	high gluten flour, enzyme, ascorbic acid (natural dough conditioner), all purpose flour, extra virgin olive oil, fresh yeast, salt, water
cornmeal brioche	VG	EGG; WHEAT; MILK;	high gluten flour (enriched unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzymes, ascorbic acid), bread flour (malted barley flour), corn meal, eggs (whole eggs, citric acid), cane sugar, vegetable oil blend (palm, canola, and olive oils), non-fat dry milk, yeast, salt, malt (wheat flour, dextrose)
mom's seeded whole wheat	VG	WHEAT; SESAME; SEEDS;	whole wheat flour, high gluten flour (enriched unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzymes, ascorbic acid), bread flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sunflower kernels, cracked wheat, honey, vegetable oil blend (palm, canola and olive oils), oats, sesame, hulled millet, flax, yeast, salt, cultured wheat flour, enzymes
sesame roll	V	WHEAT; SESAME; SEEDS;	high gluten flour, enzymes, ascorbic acid, all purpose flour, canola oil, sesame seeds, salt, fresh yeast
kids' bread (pullman brioche)	VG	EGG; WHEAT; MILK;	high gluten flour (enriched unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzymes, ascorbic acid), bread flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), milk, eggs (whole eggs, citric acid), vegetable oil blend (palm, canola, and olive oils), cane sugar, yeast, malt (malted barley flour, wheat flour, dextrose), salt
potato roll	VG	EGG; WHEAT;	high gluten flour (enriched unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzymes, ascorbic acid), eggs (whole eggs, citric acid), vegetable oil blend (palm, canola and olive oils), cane sugar, potato flakes (monoglycerides, sodium acid pyrophosphate, citric acid), potato flour, bread flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), salt, yeast, dough conditioner (wheat flour, calcium sulfate, salt, enzymes)
sourdough	V	WHEAT;	bread flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sour culture, high gluten flour (enriched unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzymes, ascorbic acid), salt, whole wheat bran
ROCKENWAGNER CATERING BREADS - SERVED AT ALL LOCATIONS EXCEPT NORCAL; BRIOCHE SLIDER SOCIAL ONLY (MADE IN FACILITY THAT PROCESSES TREENUTS AND PEANUTS)			
brioche slider (mini cheffy bun)	VG	EGG; WHEAT; MILK;	high gluten flour, enzymes, ascorbic acid, all purpose flour, whole milk, eggs, vegetable oil blend, beet sugar, fresh yeast, malt, salt
sesame roll	V	WHEAT; SESAME; SEEDS;	high gluten flour, enzymes, ascorbic acid, all purpose flour, canola oil, sesame seeds, salt, fresh yeast
TURANO - SERVED AT ALL LOCATIONS EXCEPT SOCIAL			
brioche slider	VG	WHEAT; MILK;	flour (wheat, malted barley), water, sugar, palm oil, wheat gluten, contains less than 2% of each of the following: yeast, milk powder, salt, enriched bleached wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), monoglycerides, natural flavors, dextrose, calcium sulfate, fermented wheat germ, ascorbic acid, enzymes, deactivated yeast, turmeric (color), enriched with (niacin, reduced iron, wheat flour, thiamine mononitrate, riboflavin, folic acid), calcium propionate (preservative). topping: water, vegetable protein (pea), vegetable oil (canola), dextrose, maltodextrin, starch.

*any items not listed here are made by Rockenwagner

BREADS

		MAJOR ALLERGENS	INGREDIENTS
OTHER BREADS - ALL LOCATIONS			
mejorado vegan tortilla	V	WHEAT;	flour, water, non-gmo vegetable oil, salt, and baking powder
omg it's gluten-free bread	VG, GF	EGG; SEEDS;	water, corn starch, vegetable oil (soybean oil), pasteurized egg whites, sorghum flour, tapioca starch, rice flour, brown sugar, cane sugar, salt, flax seed, sunflower kernels, millet, buckwheat, chia seed, yeast, psyllium, xanthan gum, pasteurized whole egg, citric acid

*any items not listed here are made by Rockenwagner

PROTEINS

MAJOR ALLERGENS		PROTEINS	INGREDIENTS
bacon	GF		pork, water, salt, turbinado sugar, celery powder, natural flavorings, sea salt
beyond chorizo	V	WHEAT; COCONUT;	beyond beef (water, pea protein*, expeller-pressed canola oil, refined coconut oil, rice protein, natural flavors, cocoa butter, mung bean protein, methylcellulose, potato starch, apple extract, pomegranate extract, salt, potassium chloride, vinegar, lemon juice concentrate, sunflower lecithin, beet juice extract (for color)), red onion, taco seasoning (chili pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking), disodium inosinate, extractive of paprika (color), spices extractives, onion extractives), garlic
impossible chorizo	V	SOY; WHEAT; COCONUT;	impossible burger (water, soy protein concentrate, coconut oil, sunflower oil, natural flavors, 2% or less of: potato protein, methylcellulose, yeast extract, cultured dextrose, food starch modified, soy leghemoglobin, salt, soy protein isolate, mixed tocopherols, zinc gluconate, thiamin hydrochloride, sodium ascorbate, niacin, pyridoxine hydrochloride, riboflavin, vitamin b12), red onion, taco seasoning (chili pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking), disodium inosinate, extractive of paprika (color), spices extractives, onion extractives), garlic
marinated tofu	V, GF	SOY; SESAME;	organic tofu (water, organic soybeans, calcium sulfate, calcium chloride), olive oil, sesame oil, thai chili oil (soybean oil, chile), rice vinegar, tamari (water, organic soybeans, salt, organic alcohol), agave nectar, garlic, ginger, cheffy spice (salt, black pepper, white pepper, garlic powder), kosher salt
roasted chicken breast	GF		chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
roasted turkey breast	GF		turkey, turkey broth, sea salt, soybean oil, turkey fat, natural flavor, onion powder, sage
steak	GF		beef tenders (beef tenders, olive oil, salt, dijon mustard (distilled vinegar, water, 1# mustard seed, salt, sugar, spices, turmeric), garlic, black pepper)

SANDWICHES

MAJOR ALLERGENS		INGREDIENTS
"NOT SO FRIED" CHICKEN		
CONTAINS: EGG; WHEAT; MILK;		
roasted chicken breast	GF	chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
krispies	VG	WHEAT; MILK; buttermilk, enriched wheat flour, japanese-style breadcrumbs (wheat flour, salt, yeast), yellow cornmeal, cornflakes (corn, salt, malt), parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), salt, spices (black pepper, garlic powder, onion powder, paprika, cayenne)
herb aioli	VG, GF	EGG; blended oil (canola/olive), cilantro, parsley, lime juice, garlic, kosher salt, mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor)
mustard pickle slaw	V	WHEAT; carrot, red cabbage, green cabbage, mustard pickle dressing (whole grain mustard (water, mustard seed, vinegar, salt) canola oil, hot-sweet mustard (vinegar, sugar, unbleached wheat flour {wheat flour, malted barley flour, niacin, iron, thiamine mononitrate}, mustard seed, olive oil, xanthan gum), yellow mustard (distilled vinegar, water, mustard seed, salt, turmeric, paprika, natural flavor, garlic powder), water, carrots, cauliflower, extra virgin olive oil, rice vinegar (rice vinegar, invert sugar, salt, water) apple cider vinegar, onion, celery, sea salt, celery seeds, ground ginger, ground turmeric)
pickled red onion	V, GF	red onion, sugar, vinegar
tomato	V, GF	
golden bbq sauce	V, GF	golden mustard (french's yellow mustard (distilled vinegar, water, #1 grade mustard seed, salt, turmeric), brown sugar, molasses, white vinegar, garlic powder, salt), bbq sauce (water, tomato paste, brown sugar, distilled vinegar, salt, modified corn starch, ground mustard seed, caramel color, natural hickory smoke flavor, garlic powder, black pepper, cayenne, cumin, oregano)
mustard pickle remoulade	VG	WHEAT; MILK; sour cream (cultured cream), bread & butter pickles (cucumbers, water, cane sugar, white vinegar, salt, onions, peppers, celery seed, mustard seed, turmeric, calcium chloride), mustard pickle dressing (whole grain mustard (water, mustard seed, vinegar, salt) canola oil, hot-sweet mustard (vinegar, sugar, unbleached wheat flour {wheat flour, malted barley flour, niacin, iron, thiamine mononitrate}, mustard seed, olive oil, xanthan gum), yellow mustard (distilled vinegar, water, mustard seed, salt, turmeric, paprika, natural flavor, garlic powder), water, carrots, cauliflower, extra virgin olive oil, rice vinegar (rice vinegar, invert sugar, salt, water) apple cider vinegar, onion, celery, sea salt, celery seeds, ground ginger, ground turmeric)

SANDWICHES

MAJOR ALLERGENS		INGREDIENTS	
THE PERUVIAN STEAK - GF			
CONTAINS: EGG; MILK; FISH;			
aji amarillo steak	GF	FISH;	beef tenders (beef tenders, olive oil, salt, dijon mustard (distilled vinegar, water, 1# mustard seed, salt, sugar, spices, turmeric), garlic, black pepper), aji amarillo sauce (aji amarillo, canola oil-olive oil blend, rice vinegar (rice vinegar, invert sugar, salt diluted with water), fish sauce (anchovy extract, water, salt, sugar), sea salt, cane sugar, garlic.)
herb aioli	VG, GF	EGG;	blended oil (canola/olive), cilantro, parsley, lime juice, garlic, kosher salt, mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor)
oaxacan cheese	VG, GF	MILK;	pasteurized part-skim milk, salt, sodium citrate, enzymes, and cultures
aji amarillo sauce	GF	FISH;	aji amarillo, canola oil-olive oil blend, rice vinegar (rice vinegar, invert sugar, salt diluted with water), fish sauce (anchovy extract, water, salt, sugar), sea salt, cane sugar, garlic.
romaine lettuce	V, GF		
red onion	V, GF		
tomato	V, GF		
diced avocado	V, GF		avocado, salt, black pepper
PROSCIUTTO & CHICKEN - GF			
CONTAINS: MILK; TREENUT (almond);			
roasted chicken breast	GF		chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
balsamic glaze	V, GF		balsamic vinegar, glucose syrup, sugar, modified corn starch, dextrose, xanthan gum
prosciutto	GF		pork, salt
honey roasted almonds	VG, GF	TREENUT (almond);	almonds, sugar, light amber honey, water, canola/olive oil blend, kosher salt, cayenne pepper
fresh mozzarella	VG, GF	MILK;	pasteurized milk, vinegar, enzymes, salt
basil pesto	VG, GF	MILK;	basil, extra virgin olive oil, blended oil (canola/olive), parmesan cheese (parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), potato starch and/or corn starch (to prevent caking)), garlic, salt, armanino pesto (basil, canola oil, water, parmesan cheese (pasteurized part skim cows milk, cheese cultures, salt, enzymes), dehydrated garlic, salt)
tomato	V, GF		

SANDWICHES

MAJOR ALLERGENS		INGREDIENTS
CHIMICHURRI STEAK AND BACON - GF		
CONTAINS: EGG;		
herb aioli	VG, GF	EGG; blended oil (canola/olive), cilantro, parsley, lime juice, garlic, kosher salt, mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor)
caramelized onion jam	V, GF	onion, cane sugar, distilled vinegar, sunflower oil, sea salt, spices, ascorbic acid
bacon	GF	pork, water, salt, turbinado sugar, celery powder, natural flavorings, sea salt
steak	GF	beef tenders (beef tenders, olive oil, salt, dijon mustard (distilled vinegar, water, 1# mustard seed, salt, sugar, spices, turmeric), garlic, black pepper)
salt	V, GF	
black pepper	V, GF	
marinated red peppers	V, GF	roasted red peppers (roasted florina red peppers, water, red wine vinegar, sea salt, grape must), cilantro, parsley, garlic, sugar, salt, blended oil (canola/olive), vinegar
chimichurri	V, GF	parsley, cilantro, olive oil, red wine vinegar, garlic, sugar, crushed red chile flake, cumin, dried oregano, salt, xanthan gum
romaine lettuce	V, GF	
lemon juice	V, GF	
VEGAN BANH MI - V		
CONTAINS: SOY; WHEAT; SESAME;		
marinated tofu	V, GF	SOY; SESAME; organic tofu (water, organic soybeans, calcium sulfate, calcium chloride), olive oil, sesame oil, thai chili oil (soybean oil, chile), rice vinegar, tamari (water, organic soybeans, salt, organic alcohol), agave nectar, garlic, ginger, cheffy spice (salt, black pepper, white pepper, garlic powder), kosher salt
vegan aioli	V, GF	SOY; vegan mayonnaise (expeller pressed canola oil, water, brown rice syrup, apple cider vinegar, isolated soy protein, sea salt, mustard flour, lemon juice concentrate, natural color (from fruit & vegetable juices))
pickled daikon & carrots	V, GF	daikon, carrot, vinegar, salt, sugar
sweet chili sauce	V, GF	chili sauce sweet (pure cane sugar, water, pickled red chili pepper (rice vinegar, chili pepper, salt), garlic, rice vinegar, modified tapioca starch, salt and xanthan gum), rice vinegar, water, tabasco sriracha (red jalapeno pepper, water, sugar, salt, garlic, distilled vinegar, xanthan gum, tabasco sauce (distilled vinegar, red pepper, salt)), thai basil, salt
cilantro	V, GF	
cucumber	V, GF	
jalapeno	V, GF	
thai basil	V, GF	
ciabatta	V	WHEAT; high gluten flour, enzyme, ascorbic acid (natural dough conditioner), all purpose flour, extra virgin olive oil, fresh yeast, salt, water

SANDWICHES

MAJOR ALLERGENS		INGREDIENTS	
THE FARM CLUB - GF			
CONTAINS: EGG;			
roasted turkey breast	GF		turkey, turkey broth, sea salt, soybean oil, turkey fat, natural flavor, onion powder, sage
smashed avocado	V, GF		avocado, lime, salt, black pepper
pickled red onion	V, GF		red onion, sugar, vinegar
bacon	GF		pork, water, salt, turbinado sugar, celery powder, natural flavorings, sea salt
herb aioli	VG, GF	EGG;	blended oil (canola/olive), cilantro, parsley, lime juice, garlic, kosher salt, mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor)
mixed greens	V, GF		
tomato	V, GF		
CHICKEN PARM DIP			
CONTAINS: EGG; WHEAT; MILK;			
calabrian chili aioli	VG, GF	EGG;	calabrian chili peppers (italian hot chili peppers, sunflower seed oil, extra virgin olive oil, salt, vinegar, basil), mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor), garlic, salt
roasted chicken breast	GF		chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
krispies	VG	WHEAT; MILK;	buttermilk, enriched wheat flour, japanese-style breadcrumbs (wheat flour, salt, yeast), yellow cornmeal, cornflakes (corn, salt, malt), parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), salt, spices (black pepper, garlic powder, onion powder, paprika, cayenne)
parmesan cheese	VG, GF	MILK;	parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), potato starch and/or corn starch (to prevent caking)
mozzarella	VG, GF	MILK;	low moisture mozzarella cheese (pasteurized milk, skim milk, salt, cheese cultures, enzymes), modified food starch
pomodoro	V, GF		tomatoes, water, onion, extra virgin olive oil, carrots, garlic, sugar, sea salt, basil, vegetable base vegetable (carrot, celery, onion), salt, yeast extract, organic maltodextrin, evaporated cane juice, sunflower oil, natural flavors, turmeric, black pepper, dried oregano, red chili pepper flakes
basil	V, GF		

SANDWICHES

MAJOR ALLERGENS		INGREDIENTS	
CHICKEN PESTO CAPRESE - GF			
CONTAINS: MILK;			
roasted chicken breast	GF		chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
fresh mozzarella	VG, GF	MILK;	pasteurized milk, vinegar, enzymes, salt
basil pesto	VG, GF	MILK;	basil, extra virgin olive oil, blended oil (canola/olive), parmesan cheese (parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), potato starch and/or corn starch (to prevent caking)), garlic, salt, armanino pesto (basil, canola oil, water, parmesan cheese (pasteurized part skim cows milk, cheese cultures, salt, enzymes), dehydrated garlic, salt)
marinated red peppers	V, GF		roasted red peppers (roasted florina red peppers, water, red wine vinegar, sea salt, grape must), cilantro, parsley, garlic, sugar, salt, blended oil (canola/olive), vinegar
balsamic glaze	V, GF		balsamic vinegar, glucose syrup, sugar, modified corn starch, dextrose, xanthan gum
mixed greens	V, GF		
salt	V, GF		
black pepper	V, GF		
CHICKEN PESTO CAPRESE - VEGETARIAN - VG, GF			
CONTAINS: MILK;			
fresh mozzarella	VG, GF	MILK;	pasteurized milk, vinegar, enzymes, salt
basil pesto	VG, GF	MILK;	basil, extra virgin olive oil, blended oil (canola/olive), parmesan cheese (parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), potato starch and/or corn starch (to prevent caking)), garlic, salt, armanino pesto (basil, canola oil, water, parmesan cheese (pasteurized part skim cows milk, cheese cultures, salt, enzymes), dehydrated garlic, salt)
marinated red peppers	V, GF		roasted red peppers (roasted florina red peppers, water, red wine vinegar, sea salt, grape must), cilantro, parsley, garlic, sugar, salt, blended oil (canola/olive), vinegar
balsamic glaze	V, GF		balsamic vinegar, glucose syrup, sugar, modified corn starch, dextrose, xanthan gum
mixed greens	V, GF		
salt	V, GF		
black pepper	V, GF		

SANDWICHES

MAJOR ALLERGENS		INGREDIENTS	
TURKEY AVO SALSA VERDE - GF			
CONTAINS: EGG; MILK;			
salsa verde aioli	VG, GF	EGG;	jalapeno salsa verde (chile de arbol, garlic, blended oil (canola/olive), tomatillo, water, salt, jalapeno), herb aioli (blended oil (canola/olive), cilantro, parsley, lime juice, garlic, kosher salt, mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor))
avocado	V, GF		
roasted turkey breast	GF		turkey, turkey broth, sea salt, soybean oil, turkey fat, natural flavor, onion powder, sage
smoked gouda	VG, GF	MILK;	maasdam cheese, pasteurized milk, vegetable rennet, enzymes, salt, water, butter, maize starch, whey powder
cotija cheese	VG, GF	MILK;	pasteurized grade a whole milk, salt, cultures, enzymes, and cellulose
tomato	V, GF		
romaine lettuce	V, GF		
red onion	V, GF		
mama lil's pickled sweet peppers	V, GF		peppers, water, vinegar, sugar, maple syrup, garlic, fennel seed, salt, calcium chloride
THE HAPPY HIPPIE SANDWICH - VG, GF			
CONTAINS: SOY; MILK;			
vegan mayo	V, GF	SOY;	expeller pressed canola oil, filtered water, brown rice syrup, apple cider vinegar, soy protein, sea salt, mustard flour, lemon juice concentrate
beet caviar	V, GF		pickled beets (beets, water, vinegar, sugar, salt, potassium sorbate (added to maintain freshness)), extra virgin olive oil, caramelized onion jam (onion, cane sugar, distilled vinegar, sunflower oil, sea salt, spices, ascorbic acid)
hummus	V, GF		chickpeas, extra virgin olive oil, blended oil (canola/olive), lemon juice, garlic, salt
carrot	V, GF		
seasoned avocado	V, GF		avocado, salt, black pepper
kumato tomatoes	V, GF		
cucumber	V, GF		
broccoli sprouts	V, GF		
cucumber dill ranch	V, GF	SOY;	vegan ranch (vegan mayo (expeller-pressed canola oil, filtered water, brown rice syrup, apple cider vinegar, soy protein, sea salt, mustard flour, lemon juice concentrate), filtered water, apple cider vinegar, olive oil, shelled hemp seeds, cold-pressed flaxseed oil, lemon juice concentrate, cold-pressed hemp seed oil, spices, mustard flour, xanthan gum, sea salt, natural flavor, garlic), lemon juice, dill, chives, cucumber, garlic, red onion, rice vinegar, whole grain mustard (water, mustard seeds, vinegar, salt), french's yellow mustard (distilled vinegar, water, #1 grade mustard seed, salt, turmeric), brown sugar, salt
white cheddar cheese	VG, GF	MILK;	cultured pasteurized milk, salt, enzymes

SALADS

MAJOR ALLERGENS		INGREDIENTS
AVOCADO AND QUINOA SUPERFOOD ENSALADA		
CONTAINS: SOY; WHEAT; MILK; COCONUT;		
quinoa and millet mix	V, GF	quinoa, millet, kosher salt, water
succotash	V, GF	jicama, sweet corn, black beans
cotija cheese	VG, GF MILK;	pasteurized grade a whole milk, salt, cultures, enzymes, and cellulose
diced avocado	V, GF	avocado, salt, black pepper
housemade superfood crunchies	V, GF	quinoa, millet, water, salt, black pepper, garlic powder, rice bran oil, nutritional yeast (inactive dry yeast, niacin (b3), pyroxidine hci (b6), riboflavin (b2), thiamin hcl (b1), folic acid, vitamin b12)
romaine lettuce	V, GF	
kale	V, GF	
grape tomatoes	V, GF	
red onion	V, GF	
cilantro	V, GF	
chipotle vinaigrette	V, GF	canola oil, chipotle puree (water, vinegar, chipotle jalapeno, tomato paste, salt, dried red chile, spices, onion powder, garlic powder), agave nectar, distilled vinegar, water, dijon mustard (distilled vinegar, water, mustard seed, sea salt, white wine, citric acid, turmeric, spices), olive oil, contains 2% or less of each of the following: salt, paprika, chili powder [chili pepper, spices, salt, silicon dioxide (anti-caking), garlic], xanthan gum
roasted chicken breast	GF	chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
impossible chorizo	V SOY; WHEAT; COCONUT;	impossible burger (water, soy protein concentrate, coconut oil, sunflower oil, natural flavors, 2% or less of: potato protein, methylcellulose, yeast extract, cultured dextrose, food starch modified, soy leghemoglobin, salt, soy protein isolate, mixed tocopherols, zinc gluconate, thiamin hydrochloride, sodium ascorbate, niacin, pyridoxine hydrochloride, riboflavin, vitamin b12), red onion, taco seasoning (chili pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking), disodium inosinate, extractive of paprika (color), spices extractives, onion extractives), garlic

SALADS

MAJOR ALLERGENS		INGREDIENTS
BAJA GREEN GODDESS SALAD		
CONTAINS: EGG; SOY; WHEAT; MILK; COCONUT;		
taco salad greens	V, GF	green cabbage, red cabbage, romaine lettuce, arugula
succotash	V, GF	jicama, sweet corn, black beans
grape tomatoes	V, GF	
red onion	V, GF	
lime	V, GF	
monterey jack	VG, GF	MILK; pasteurized milk, cheese culture, salt, enzymes
seasoned tortilla strips	V	WHEAT; tortilla strips (corn masa flour, sunflower, safflower, canola oil and/or corn oil, salt, trace of lime), taco seasoning (chili pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking), disodium inosinate, extractive of paprika (color), spices extractives, onion extractives)
cilantro	V, GF	
avocado	V, GF	
salt	V, GF	
black pepper	V, GF	
chicken adobado		WHEAT; chicken breast (chicken breast, water, sea salt, potato starch), adobado sauce (tomatillos (tomatillos, citric acid), aji panca (panca pepper, water, salt, citric acid, xanthan gum, sorbic acid as preservative), chipotle paste (water, chipotle peppers, onion, vinegar, tomatoes, vegetable oil, sugar, salt, spices), taco seasoning (chili pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking), disodium inosinate, extractive of paprika (color), spices extractives, onion extractives), smoked paprika, kosher salt)
impossible chorizo	V	SOY; WHEAT; COCONUT; impossible burger (water, soy protein concentrate, coconut oil, sunflower oil, natural flavors, 2% or less of: potato protein, methylcellulose, yeast extract, cultured dextrose, food starch modified, soy leghemoglobin, salt, soy protein isolate, mixed tocopherols, zinc gluconate, thiamin hydrochloride, sodium ascorbate, niacin, pyridoxine hydrochloride, riboflavin, vitamin b12), red onion, taco seasoning (chili pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking), disodium inosinate, extractive of paprika (color), spices extractives, onion extractives), garlic
baja green goddess dressing	VG	EGG; SOY; WHEAT; MILK; sour cream (grade a cultured cream), mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to preserve flavor), 75/25 blend canola oil (75% canola oil, rbd; 25% extra virgin oil), jalapeno pepper, cilantro, red wine vinegar, 4% seasoned rice vinegar (rice vinegar, invert sugar, salt diluted with water to 4% acidity), lemon juice, cane sugar, hot sauce (aged cayenne red peppers, distilled vinegar, water, salt & garlic powder), ranch mix seasoning (salt, dried onion, modified food starch, sugar, dried garlic, maltodextrin, buttermilk, dextrose, less than 2% of: natural and artificial flavors, lactic acid, calcium lactate, disodium inosinate, & guanylate, calcium stearate), hatch chiles, garlic, taco seasoning (chili pepper and other pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking) dioxide inosinate, extractive of paprika(color), spice extractives, onion extractives),parsley, chives, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), sea salt.

SALADS

MAJOR ALLERGENS

INGREDIENTS

CHEN'S CRISPY RICE SALAD

CONTAINS: SOY; WHEAT; TREENUT (cashew); SESAME;

romaine lettuce	V, GF		
kale	V, GF		
red cabbage	V, GF		
green cabbage	V, GF		
roasted chicken breast	GF		chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
rainbow carrots	V, GF		
cilantro	V, GF		
cashew	V, GF	TREENUT (cashew);	
watermelon radish	V, GF		
sweet crispy rice	V, GF		crispy rice (brown rice flour, cane sugar, sea salt, molasses), corn syrup, maple syrup, maple extract (ethyl alcohol, natural flavors), sea salt.
crispy wontons	V	WHEAT;	enriched wheat flour, water, salt, potato starch
green onions	V, GF		
miso sesame dressing	V	SOY; WHEAT; SESAME;	canola oil, olive oil, seasoned rice vinegar (rice vinegar, invert sugar, salt diluted with water), red miso paste (water, soybeans, rice, salt, ethyl alcohol), lemon juice, maple syrup, agave nectar, white wine vinegar, shallots, lime juice, sesame oil, soy sauce (water, soybeans, wheat, salt), whole grain mustard (water, mustard seeds, vinegar, salt), ginger root, water, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), chili sauce (rice, corn syrup, purified water, chili powder, sea salt, purified salt, alcohol, garlic, onion, seed koji), garlic, sea salt, red chili pepper flakes, black pepper.

SALADS

MAJOR ALLERGENS

INGREDIENTS

CHEN'S CRISPY RICE VEGAN-STYLE SALAD - V

CONTAINS: SOY; WHEAT; TREENUT (cashew); SESAME;

romaine lettuce	V, GF		
kale	V, GF		
red cabbage	V, GF		
green cabbage	V, GF		
marinated tofu	V, GF	SOY; SESAME;	organic tofu (water, organic soybeans, calcium sulfate, calcium chloride), olive oil, sesame oil, thai chili oil (soybean oil, chile), rice vinegar, tamari (water, organic soybeans, salt, organic alcohol), agave nectar, garlic, ginger, cheffy spice (salt, black pepper, white pepper, garlic powder), kosher salt
rainbow carrots	V, GF		
cilantro	V, GF		
cashew	V, GF	TREENUT (cashew);	
watermelon radish	V, GF		
sweet crispy rice	V, GF		crispy rice (brown rice flour, cane sugar, sea salt, molasses), corn syrup, maple syrup, maple extract (ethyl alcohol, natural flavors), sea salt.
crispy wontons	V	WHEAT;	enriched wheat flour, water, salt, potato starch
green onions	V, GF		
miso sesame dressing	V	SOY; WHEAT; SESAME;	canola oil, olive oil, seasoned rice vinegar (rice vinegar, invert sugar, salt diluted with water), red miso paste (water, soybeans, rice, salt, ethyl alcohol), lemon juice, maple syrup, agave nectar, white wine vinegar, shallots, lime juice, sesame oil, soy sauce (water, soybeans, wheat, salt), whole grain mustard (water, mustard seeds, vinegar, salt), ginger root, water, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), chili sauce (rice, corn syrup, purified water, chili powder, sea salt, purified salt, alcohol, garlic, onion, seed koji), garlic, sea salt, red chili pepper flakes, black pepper.

SALADS

MAJOR ALLERGENS		INGREDIENTS	
GOLDEN STATE COBB - GF			
CONTAINS: EGG; MILK; FISH;			
romaine lettuce	V, GF		
kale	V, GF		
mixed greens	V, GF		
rustic red wine vinaigrette	GF	EGG; FISH;	canola oil, olive oil, red wine vinegar, lemon juice, honey, shallots, garlic, worcestershire sauce (distilled white vinegar, molasses, sugar, water, salt, onions, anchovies, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), capers, salt, black pepper, oregano, rosemary, crushed red chile flake, pasteurized egg yolks (pasteurized egg yolks), dijon mustard (water, mustard seed, distilled vinegar, salt, fair trade organic cane sugar, chablis wine), fish sauce (anchovy, salt, sugar)
egg	VG, GF	EGG;	
yellow lollibomb tomatoes	V, GF		
pickled red onion	V, GF		red onion, sugar, vinegar
avocado	V, GF		
bacon	GF		pork, water, salt, turbinado sugar, celery powder, natural flavorings, sea salt
blue cheese	VG, GF	MILK;	cow's milk, salt, starter culture, p. roqueforti, microbial rennet
chives	V, GF		
balsamic glaze	V, GF		balsamic vinegar, glucose syrup, sugar, modified corn starch, dextrose, xanthan gum

SALADS

MAJOR ALLERGENS		INGREDIENTS
THAI MANGO SALAD		
CONTAINS: SOY; WHEAT; TREENUT (almond); FISH;SESAME;		
cabbage kale slaw	V, GF	napa cabbage, kale, carrot, bean sprouts
romaine lettuce	V, GF	
spinach	V, GF	
ramen noodles	V WHEAT;	ramen (water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), canola oil, potassium carbonate, sodium carbonate, salt, annatto extract (color), turmeric (color).), blended oil (canola/olive), water
pickled daikon & carrots	V, GF	daikon, carrot, vinegar, salt, sugar
thai basil	V, GF	
mint	V, GF	
thai almond dressing	SOY; WHEAT; TREENUT (almond); FISH; SESAME;	ginger ponzu dressing (canola oil, olive oil, rice vinegar, ponzu with lime (water, naturally brewed soy sauce (water, soybeans, wheat, salt, alcohol), vinegar, sugar, salt, lime juice concentrate, natural flavor, yeast extract, sodium benzoate: less than 1/10 of 1% as a preservative), yuzu juice, agave nectar, tamari (water, organic soybeans, salt, organic alcohol), sesame oil, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), garlic, ginger, salt, shio koji (filtered water, koji (rice, aspergillus oryzae), sea salt, alcohol), xanthan gum), blended oil (canola/olive), sesame oil, rice vinegar, lime juice, fish sauce (anchovy extract, water, salt, fructose, hydrolysed vegetable protein), almond butter, honey, ginger, brown sugar, garlic, tamarind, salt, sambal chile paste (chili, salt, distilled vinegar, potassium sorbate and sodium bisulfite as preservatives and xanthan gum)
roasted chicken breast	GF	chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
mango	V, GF	
fried shallots	V WHEAT;	onions, enriched flour (wheat flour, niacin, reduced iron, thiamin, mononitrate, riboflavin, folic acid), vegetable oil (sunflower, safflower and/or canola), salt
honey roasted almonds	VG, GF TREENUT (almond);	almonds, sugar, light amber honey, water, canola/olive oil blend, kosher salt, cayenne pepper
cilantro	V, GF	
lime	V, GF	

SALADS

MAJOR ALLERGENS		INGREDIENTS
THE MODERN CAESAR - GF		
CONTAINS: EGG; MILK; FISH;		
romaine lettuce	V, GF	
kale	V, GF	
spinach	V, GF	
green cabbage	V, GF	
red cabbage	V, GF	
red onion	V, GF	
lemon juice	V, GF	
grape tomatoes	V, GF	
housemade superfood crunchies	V, GF	quinoa, millet, water, salt, black pepper, garlic powder, rice bran oil, nutritional yeast (inactive dry yeast, niacin (b3), pyroxidine hci (b6), riboflavin (b2), thiamin hcl (b1), folic acid, vitamin b12)
grated parmesan cheese	VG, GF MILK;	pasteurized part-skim milk, cheese cultures, salt, enzymes, powdered cellulose
avocado	V, GF	
caesar dressing	GF EGG; MILK; FISH;	mayonnaise (canola oil, pasteurized liquid egg, water, organic sugar, distilled white vinegar, sea salt, mustard flour, lemon juice concentrate, xanthan gum), water, parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes, anti-caking [dairy solids, sugarcane, fiber, natamycin as a mold inhibitor]), garlic, worcestershire sauce (distilled white vinegar, molasses, sugar, water, salt, onions, anchovies, garlic cloves, tamarind extract, natural flavoring, chili pepper extract), anchovy paste (anchovies, salt, olive oil, acetic acid), lemon juice concentrate, pepper, garlic powder

SALADS

MAJOR ALLERGENS		INGREDIENTS
NOT SO FRIED CHICKEN - SALAD STYLE		
CONTAINS: WHEAT; MILK;		
romaine lettuce	V, GF	
mixed greens	V, GF	
farmhouse vinaigrette	V, GF	balsamic vinegar, canola oil, agave, dijon mustard (water, mustard seed, distilled vinegar, salt, citric acid), sherry vinegar, extra virgin olive oil, maple syrup, sea salt, black pepper, xanthan gum
roasted chicken breast	GF	chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
mustard pickle slaw	V WHEAT;	carrot, red cabbage, green cabbage, mustard pickle dressing (whole grain mustard (water, mustard seed, vinegar, salt) canola oil, hot-sweet mustard (vinegar, sugar, unbleached wheat flour {wheat flour, malted barley flour, niacin, iron, thiamine mononitrate}, mustard seed, olive oil, xanthan gum), yellow mustard (distilled vinegar, water, mustard seed, salt, turmeric, paprika, natural flavor, garlic powder), water, carrots, cauliflower, extra virgin olive oil, rice vinegar (rice vinegar, invert sugar, salt, water) apple cider vinegar, onion, celery, sea salt, celery seeds, ground ginger, ground turmeric)
pickled red onion	V, GF	red onion, sugar, vinegar
krispies	VG WHEAT; MILK;	buttermilk, enriched wheat flour, japanese-style breadcrumbs (wheat flour, salt, yeast), yellow cornmeal, cornflakes (corn, salt, malt), parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), salt, spices (black pepper, garlic powder, onion powder, paprika, cayenne)
grape tomatoes	V, GF	
golden bbq sauce	V, GF	golden mustard (french's yellow mustard (distilled vinegar, water, #1 grade mustard seed, salt, turmeric), brown sugar, molasses, white vinegar, garlic powder, salt), bbq sauce (water, tomato paste, brown sugar, distilled vinegar, salt, modified corn starch, ground mustard seed, caramel color, natural hickory smoke flavor, garlic powder, black pepper, cayenne, cumin, oregano)

WRAPS

MAJOR ALLERGENS		INGREDIENTS
AVOCADO AND QUINOA SUPERFOOD WRAP WITH CHICKEN		
CONTAINS: WHEAT; MILK;		
quinoa and millet mix	V, GF	quinoa, millet, kosher salt, water
succotash	V, GF	jicama, sweet corn, black beans
cotija cheese	VG, GF MILK;	pasteurized grade a whole milk, salt, cultures, enzymes, and cellulose
diced avocado	V, GF	avocado, salt, black pepper
housemade superfood crunchies	V, GF	quinoa, millet, water, salt, black pepper, garlic powder, rice bran oil, nutritional yeast (inactive dry yeast, niacin (b3), pyroxidine hci (b6), riboflavin (b2), thiamin hcl (b1), folic acid, vitamin b12)
romaine lettuce	V, GF	
kale	V, GF	
grape tomatoes	V, GF	
red onion	V, GF	
cilantro	V, GF	
chipotle vinaigrette	V, GF	canola oil, chipotle puree (water, vinegar, chipotle jalapeno, tomato paste, salt, dried red chile, spices, onion powder, garlic powder), agave nectar, distilled vinegar, water, dijon mustard (distilled vinegar, water, mustard seed, sea salt, white wine, citric acid, turmeric, spices), olive oil, contains 2% or less of each of the following: salt, paprika, chili powder [chili pepper, spices, salt, silicon dioxide (anti-caking), garlic], xanthan gum
roasted chicken breast	GF	chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
mejorado vegan tortilla	V WHEAT;	flour, water, non-gmo vegetable oil, salt, and baking powder

WRAPS

MAJOR ALLERGENS		INGREDIENTS
AVOCADO AND QUINOA SUPERFOOD WRAP WITH IMPOSSIBLE CHORIZO - VG		
CONTAINS: SOY; WHEAT; MILK; COCONUT;		
quinoa and millet mix	V, GF	quinoa, millet, kosher salt, water
succotash	V, GF	jicama, sweet corn, black beans
cotija cheese	VG, GF MILK;	pasteurized grade a whole milk, salt, cultures, enzymes, and cellulose
diced avocado	V, GF	avocado, salt, black pepper
housemade superfood crunchies	V, GF	quinoa, millet, water, salt, black pepper, garlic powder, rice bran oil, nutritional yeast (inactive dry yeast, niacin (b3), pyroxidine hci (b6), riboflavin (b2), thiamin hcl (b1), folic acid, vitamin b12)
romaine lettuce	V, GF	
kale	V, GF	
grape tomatoes	V, GF	
red onion	V, GF	
cilantro	V, GF	
chipotle vinaigrette	V, GF	canola oil, chipotle puree (water, vinegar, chipotle jalapeno, tomato paste, salt, dried red chile, spices, onion powder, garlic powder), agave nectar, distilled vinegar, water, dijon mustard (distilled vinegar, water, mustard seed, sea salt, white wine, citric acid, turmeric, spices), olive oil, contains 2% or less of each of the following: salt, paprika, chili powder [chili pepper, spices, salt, silicon dioxide (anti-caking), garlic], xanthan gum
impossible chorizo	V SOY; WHEAT; COCONUT;	impossible burger (water, soy protein concentrate, coconut oil, sunflower oil, natural flavors, 2% or less of: potato protein, methylcellulose, yeast extract, cultured dextrose, food starch modified, soy leghemoglobin, salt, soy protein isolate, mixed tocopherols, zinc gluconate, thiamin hydrochloride, sodium ascorbate, niacin, pyridoxine hydrochloride, riboflavin, vitamin b12), red onion, taco seasoning (chili pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking), disodium inosinate, extractive of paprika (color), spices extractives, onion extractives), garlic
mejorado vegan tortilla	V WHEAT;	flour, water, non-gmo vegetable oil, salt, and baking powder

WRAPS

MAJOR ALLERGENS		INGREDIENTS
BAJA GREEN GODDESS WRAP WITH IMPOSSIBLE CHORIZO - VG		
CONTAINS: EGG; SOY; WHEAT; MILK; COCONUT;		
taco salad greens	V, GF	green cabbage, red cabbage, romaine lettuce, arugula
succotash	V, GF	jicama, sweet corn, black beans
grape tomatoes	V, GF	
red onion	V, GF	
lime	V, GF	
monterey jack	VG, GF	MILK; pasteurized milk, cheese culture, salt, enzymes
seasoned tortilla strips	V	WHEAT; tortilla strips (corn masa flour, sunflower, safflower, canola oil and/or corn oil, salt, trace of lime), taco seasoning (chili pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking), disodium inosinate, extractive of paprika (color), spices extractives, onion extractives)
cilantro	V, GF	
avocado	V, GF	
salt	V, GF	
black pepper	V, GF	
impossible chorizo	V	SOY; WHEAT; COCONUT; impossible burger (water, soy protein concentrate, coconut oil, sunflower oil, natural flavors, 2% or less of: potato protein, methylcellulose, yeast extract, cultured dextrose, food starch modified, soy leghemoglobin, salt, soy protein isolate, mixed tocopherols, zinc gluconate, thiamin hydrochloride, sodium ascorbate, niacin, pyridoxine hydrochloride, riboflavin, vitamin b12), red onion, taco seasoning (chili pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking), disodium inosinate, extractive of paprika (color), spices extractives, onion extractives), garlic
baja green goddess dressing	VG	EGG; SOY; WHEAT; MILK; sour cream (grade a cultured cream), mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to preserve flavor), 75/25 blend canola oil (75% canola oil, rbd; 25% extra virgin oil), jalapeno pepper, cilantro, red wine vinegar, 4% seasoned rice vinegar (rice vinegar, invert sugar, salt diluted with water to 4% acidity), lemon juice, cane sugar, hot sauce (aged cayenne red peppers, distilled vinegar, water, salt & garlic powder), ranch mix seasoning (salt, dried onion, modified food starch, sugar, dried garlic, maltodextrin, buttermilk, dextrose, less than 2% of: natural and artificial flavors, lactic acid, calcium lactate, disodium inosinate, & guanylate, calcium stearate), hatch chiles, garlic, taco seasoning (chili pepper and other pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking) dioxide inosinate, extractive of paprika(color), spice extractives, onion extractives),parsley, chives, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), sea salt.
mejorado vegan tortilla	V	WHEAT; flour, water, non-gmo vegetable oil, salt, and baking powder

WRAPS

MAJOR ALLERGENS		INGREDIENTS
BAJA GREEN GODDESS WRAP WITH CHICKEN ADOBADO		
CONTAINS: EGG; SOY; WHEAT; MILK;		
taco salad greens	V, GF	green cabbage, red cabbage, romaine lettuce, arugula
succotash	V, GF	jicama, sweet corn, black beans
grape tomatoes	V, GF	
red onion	V, GF	
lime	V, GF	
monterey jack	VG, GF	MILK; pasteurized milk, cheese culture, salt, enzymes
seasoned tortilla strips	V	WHEAT; tortilla strips (corn masa flour, sunflower, safflower, canola oil and/or corn oil, salt, trace of lime), taco seasoning (chili pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking), disodium inosinate, extractive of paprika (color), spices extractives, onion extractives)
cilantro	V, GF	
avocado	V, GF	
salt	V, GF	
chicken adobado		WHEAT; chicken breast (chicken breast, water, sea salt, potato starch), adobado sauce (tomatillos (tomatillos, citric acid), aji panca (panca pepper, water, salt, citric acid, xanthan gum, sorbic acid as preservative), chipotle paste (water, chipotle peppers, onion, vinegar, tomatoes, vegetable oil, sugar, salt, spices), taco seasoning (chili pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking), disodium inosinate, extractive of paprika (color), spices extractives, onion extractives), smoked paprika, kosher salt)
baja green goddess dressing	VG	EGG; SOY; WHEAT; MILK; sour cream (grade a cultured cream), mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to preserve flavor), 75/25 blend canola oil (75% canola oil, rbd; 25% extra virgin oil), jalapeno pepper, cilantro, red wine vinegar, 4% seasoned rice vinegar (rice vinegar, invert sugar, salt diluted with water to 4% acidity), lemon juice, cane sugar, hot sauce (aged cayenne red peppers, distilled vinegar, water, salt & garlic powder), ranch mix seasoning (salt, dried onion, modified food starch, sugar, dried garlic, maltodextrin, buttermilk, dextrose, less than 2% of: natural and artificial flavors, lactic acid, calcium lactate, disodium inosinate, & guanylate, calcium stearate), hatch chiles, garlic, taco seasoning (chili pepper and other pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking) dioxide inosinate, extractive of paprika(color), spice extractives, onion extractives),parsley, chives, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), sea salt.
mejorado vegan tortilla	V	WHEAT; flour, water, non-gmo vegetable oil, salt, and baking powder

WRAPS

MAJOR ALLERGENS

INGREDIENTS

CHEN'S CRISPY RICE WRAP WITH CHICKEN

CONTAINS: SOY; WHEAT; TREENUT (cashew); SESAME;

romaine lettuce	V, GF		
kale	V, GF		
red cabbage	V, GF		
green cabbage	V, GF		
roasted chicken breast	GF		chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
rainbow carrots	V, GF		
cilantro	V, GF		
cashew	V, GF	TREENUT (cashew);	
watermelon radish	V, GF		
sweet crispy rice	V, GF		crispy rice (brown rice flour, cane sugar, sea salt, molasses), corn syrup, maple syrup, maple extract (ethyl alcohol, natural flavors), sea salt.
crispy wontons	V	WHEAT;	enriched wheat flour, water, salt, potato starch
green onions	V, GF		
miso sesame dressing	V	SOY; WHEAT; SESAME;	canola oil, olive oil, seasoned rice vinegar (rice vinegar, invert sugar, salt diluted with water), red miso paste (water, soybeans, rice, salt, ethyl alcohol), lemon juice, maple syrup, agave nectar, white wine vinegar, shallots, lime juice, sesame oil, soy sauce (water, soybeans, wheat, salt), whole grain mustard (water, mustard seeds, vinegar, salt), ginger root, water, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), chili sauce (rice, corn syrup, purified water, chili powder, sea salt, purified salt, alcohol, garlic, onion, seed koji), garlic, sea salt, red chili pepper flakes, black pepper.
mejorado vegan tortilla	V	WHEAT;	flour, water, non-gmo vegetable oil, salt, and baking powder

WRAPS

MAJOR ALLERGENS

INGREDIENTS

CHEN'S CRISPY RICE VEGAN-STYLE WRAP - V

CONTAINS: SOY; WHEAT; TREENUT (cashew); SESAME;

romaine lettuce	V, GF		
kale	V, GF		
red cabbage	V, GF		
green cabbage	V, GF		
marinated tofu	V, GF	SOY; SESAME;	organic tofu (water, organic soybeans, calcium sulfate, calcium chloride), olive oil, sesame oil, thai chili oil (soybean oil, chile), rice vinegar, tamari (water, organic soybeans, salt, organic alcohol), agave nectar, garlic, ginger, cheffy spice (salt, black pepper, white pepper, garlic powder), kosher salt
rainbow carrots	V, GF		
cilantro	V, GF		
cashew	V, GF	TREENUT (cashew);	
watermelon radish	V, GF		
sweet crispy rice	V, GF		crispy rice (brown rice flour, cane sugar, sea salt, molasses), corn syrup, maple syrup, maple extract (ethyl alcohol, natural flavors), sea salt.
crispy wontons	V	WHEAT;	enriched wheat flour, water, salt, potato starch
green onions	V, GF		
miso sesame dressing	V	SOY; WHEAT; SESAME;	canola oil, olive oil, seasoned rice vinegar (rice vinegar, invert sugar, salt diluted with water), red miso paste (water, soybeans, rice, salt, ethyl alcohol), lemon juice, maple syrup, agave nectar, white wine vinegar, shallots, lime juice, sesame oil, soy sauce (water, soybeans, wheat, salt), whole grain mustard (water, mustard seeds, vinegar, salt), ginger root, water, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), chili sauce (rice, corn syrup, purified water, chili powder, sea salt, purified salt, alcohol, garlic, onion, seed koji), garlic, sea salt, red chili pepper flakes, black pepper.
mejorado vegan tortilla	V	WHEAT;	flour, water, non-gmo vegetable oil, salt, and baking powder

WRAPS

MAJOR ALLERGENS		INGREDIENTS	
GOLDEN STATE COBB WRAP			
CONTAINS: EGG; WHEAT; MILK; FISH;			
romaine lettuce	V, GF		
kale	V, GF		
mixed greens	V, GF		
rustic red wine vinaigrette	GF	EGG; FISH;	canola oil, olive oil, red wine vinegar, lemon juice, honey, shallots, garlic, worcestershire sauce (distilled white vinegar, molasses, sugar, water, salt, onions, anchovies, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), capers, salt, black pepper, oregano, rosemary, crushed red chile flake, pasteurized egg yolks (pasteurized egg yolks), dijon mustard (water, mustard seed, distilled vinegar, salt, fair trade organic cane sugar, chablis wine), fish sauce (anchovy, salt, sugar)
egg	VG, GF	EGG;	
yellow lollibomb tomatoes	V, GF		
pickled red onion	V, GF		red onion, sugar, vinegar
avocado	V, GF		
bacon	GF		pork, water, salt, turbinado sugar, celery powder, natural flavorings, sea salt
blue cheese	VG, GF	MILK;	cow's milk, salt, starter culture, p. roqueforti, microbial rennet
chives	V, GF		
balsamic glaze	V, GF		balsamic vinegar, glucose syrup, sugar, modified corn starch, dextrose, xanthan gum
mejorado vegan tortilla	V	WHEAT;	flour, water, non-gmo vegetable oil, salt, and baking powder

WRAPS

MAJOR ALLERGENS		INGREDIENTS
THAI MANGO WRAP WITH CHICKEN		
CONTAINS: SOY; WHEAT; TREENUT (almond); FISH;SESAME;		
cabbage kale slaw	V, GF	napa cabbage, kale, carrot, bean sprouts
romaine lettuce	V, GF	
spinach	V, GF	
ramen noodles	V WHEAT;	ramen (water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), canola oil, potassium carbonate, sodium carbonate, salt, annatto extract (color), turmeric (color).), blended oil (canola/olive), water
pickled daikon & carrots	V, GF	daikon, carrot, vinegar, salt, sugar
thai basil	V, GF	
mint	V, GF	
thai almond dressing	SOY; WHEAT; TREENUT (almond); FISH; SESAME;	ginger ponzu dressing (canola oil, olive oil, rice vinegar, ponzu with lime (water, naturally brewed soy sauce (water, soybeans, wheat, salt, alcohol), vinegar, sugar, salt, lime juice concentrate, natural flavor, yeast extract, sodium benzoate: less than 1/10 of 1% as a preservative), yuzu juice, agave nectar, tamari (water, organic soybeans, salt, organic alcohol), sesame oil, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), garlic, ginger, salt, shio koji (filtered water, koji (rice, aspergillus oryzae), sea salt, alcohol), xanthan gum), blended oil (canola/olive), sesame oil, rice vinegar, lime juice, fish sauce (anchovy extract, water, salt, fructose, hydrolysed vegetable protein), almond butter, honey, ginger, brown sugar, garlic, tamarind, salt, sambal chile paste (chili, salt, distilled vinegar, potassium sorbate and sodium bisulfite as preservatives and xanthan gum)
roasted chicken breast	GF	chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
mango	V, GF	
fried shallots	V WHEAT;	onions, enriched flour (wheat flour, niacin, reduced iron, thiamin, mononitrate, riboflavin, folic acid), vegetable oil (sunflower, safflower and/or canola), salt
honey roasted almonds	VG, GF TREENUT (almond);	almonds, sugar, light amber honey, water, canola/olive oil blend, kosher salt, cayenne pepper
cilantro	V, GF	
lime	V, GF	
mejorado vegan tortilla	V WHEAT;	flour, water, non-gmo vegetable oil, salt, and baking powder

WRAPS

MAJOR ALLERGENS		INGREDIENTS
THAI MANGO WRAP WITH TOFU		
CONTAINS: SOY; WHEAT; TREENUT (almond); FISH;SESAME;		
cabbage kale slaw	V, GF	napa cabbage, kale, carrot, bean sprouts
romaine lettuce	V, GF	
spinach	V, GF	
ramen noodles	V WHEAT;	ramen (water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), canola oil, potassium carbonate, sodium carbonate, salt, annatto extract (color), turmeric (color).), blended oil (canola/olive), water
pickled daikon & carrots	V, GF	daikon, carrot, vinegar, salt, sugar
thai basil	V, GF	
mint	V, GF	
thai almond dressing	SOY; WHEAT; TREENUT (almond); FISH; SESAME;	ginger ponzu dressing (canola oil, olive oil, rice vinegar, ponzu with lime (water, naturally brewed soy sauce (water, soybeans, wheat, salt, alcohol), vinegar, sugar, salt, lime juice concentrate, natural flavor, yeast extract, sodium benzoate: less than 1/10 of 1% as a preservative), yuzu juice, agave nectar, tamari (water, organic soybeans, salt, organic alcohol), sesame oil, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), garlic, ginger, salt, shio koji (filtered water, koji (rice, aspergillus oryzae), sea salt, alcohol), xanthan gum), blended oil (canola/olive), sesame oil, rice vinegar, lime juice, fish sauce (anchovy extract, water, salt, fructose, hydrolysed vegetable protein), almond butter, honey, ginger, brown sugar, garlic, tamarind, salt, sambal chile paste (chili, salt, distilled vinegar, potassium sorbate and sodium bisulfite as preservatives and xanthan gum)
marinated tofu	V, GF SOY; SESAME;	organic tofu (water, organic soybeans, calcium sulfate, calcium chloride), olive oil, sesame oil, thai chili oil (soybean oil, chile), rice vinegar, tamari (water, organic soybeans, salt, organic alcohol), agave nectar, garlic, ginger, cheffy spice (salt, black pepper, white pepper, garlic powder), kosher salt
mango	V, GF	
fried shallots	V WHEAT;	onions, enriched flour (wheat flour, niacin, reduced iron, thiamin, mononitrate, riboflavin, folic acid), vegetable oil (sunflower, safflower and/or canola), salt
honey roasted almonds	VG, GF TREENUT (almond);	almonds, sugar, light amber honey, water, canola/olive oil blend, kosher salt, cayenne pepper
cilantro	V, GF	
lime	V, GF	
mejorado vegan tortilla	V WHEAT;	flour, water, non-gmo vegetable oil, salt, and baking powder

WRAPS

MAJOR ALLERGENS

INGREDIENTS

THE MODERN CAESAR WRAP

CONTAINS: EGG; WHEAT; MILK; FISH;

romaine lettuce	V, GF		
kale	V, GF		
spinach	V, GF		
green cabbage	V, GF		
red cabbage	V, GF		
red onion	V, GF		
lemon juice	V, GF		
grape tomatoes	V, GF		
housemade superfood crunchies	V, GF		quinoa, millet, water, salt, black pepper, garlic powder, rice bran oil, nutritional yeast (inactive dry yeast, niacin (b3), pyroxidine hci (b6), riboflavin (b2), thiamin hcl (b1), folic acid, vitamin b12)
grated parmesan cheese	VG, GF	MILK;	pasteurized part-skim milk, cheese cultures, salt, enzymes, powdered cellulose
avocado	V, GF		
caesar dressing	GF	EGG; MILK; FISH;	mayonnaise (canola oil, pasteurized liquid egg, water, organic sugar, distilled white vinegar, sea salt, mustard flour, lemon juice concentrate, xanthan gum), water, parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes, anti-caking [dairy solids, sugarcane, fiber, natamycin as a mold inhibitor]), garlic, worcestershire sauce (distilled white vinegar, molasses, sugar, water, salt, onions, anchovies, garlic cloves, tamarind extract, natural flavoring, chili pepper extract), anchovy paste (anchovies, salt, olive oil, acetic acid), lemon juice concentrate, pepper, garlic powder
mejorado vegan tortilla	V	WHEAT;	flour, water, non-gmo vegetable oil, salt, and baking powder

KIDS MEALS

MAJOR ALLERGENS		INGREDIENTS
GRILLED CHEDDAR CHEESE SANDWICH - VG		
CONTAINS: EGG; WHEAT; MILK;		
kids' bread (pullman brioche)	VG	EGG; WHEAT; MILK; high gluten flour (enriched unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzymes, ascorbic acid), bread flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), milk, eggs (whole eggs, citric acid), vegetable oil blend (palm, canola, and olive oils), cane sugar, yeast, malt (malted barley flour, wheat flour, dextrose), salt
farmhouse cheddar	VG, GF	MILK; pasteurized milk, enzymes, salt, annatto coloring
butter	VG, GF	MILK;
PEANUT BUTTER & JELLY - VG		
CONTAINS: EGG; WHEAT; MILK; PEANUT;		
kids' bread (pullman brioche)	VG	EGG; WHEAT; MILK; high gluten flour (enriched unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzymes, ascorbic acid), bread flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), milk, eggs (whole eggs, citric acid), vegetable oil blend (palm, canola, and olive oils), cane sugar, yeast, malt (malted barley flour, wheat flour, dextrose), salt
peanut butter	V, GF	PEANUT; peanuts, flaxseed, agave syrup, peanut oil, palm fruit oil, salt
strawberry jam	V, GF	strawberries, sugar (beet sugar), brown cane sugar, concentrated lemon juice, gelling agent: fruit pectin
TURKEY & CHEDDAR SANDWICH		
CONTAINS: EGG; WHEAT; MILK;		
kids' bread (pullman brioche)	VG	EGG; WHEAT; MILK; high gluten flour (enriched unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzymes, ascorbic acid), bread flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), milk, eggs (whole eggs, citric acid), vegetable oil blend (palm, canola, and olive oils), cane sugar, yeast, malt (malted barley flour, wheat flour, dextrose), salt
farmhouse cheddar	VG, GF	MILK; pasteurized milk, enzymes, salt, annatto coloring
roasted turkey breast	GF	turkey, turkey broth, sea salt, soybean oil, turkey fat, natural flavor, onion powder, sage
butter	VG, GF	MILK;
CRISPY CHICKEN (SELECT LOCATIONS)		
CONTAINS: SOY; WHEAT;		
chicken tenders		WHEAT; chicken tenderloins, water, bleached wheat flour, modified food starch, wheat flour, contains 2% or less of salt, flavoring, torula yeast, spices, sodium phosphates, leavening (sodium bicarbonate, monocalcium phosphate, sodium aluminum phosphate, sodium acid pyrophosphate), yellow corn flour, potato dextrin, extractives of paprika, rice flour, maltodextrin, sugar, soybean oil, natural flavor, garlic powder, autolyzed yeast extract, malted barley flour, onion powder, yeast extract, hydrolyzed corn protein, xanthan gum
vegan ranch	V, GF	SOY; vegan mayo (expeller-pressed canola oil, filtered water, brown rice syrup, apple cider vinegar, soy protein, sea salt, mustard flour, lemon juice concentrate), filtered water, apple cider vinegar, olive oil, shelled hemp seeds, cold-pressed flaxseed oil, lemon juice concentrate, cold-pressed hemp seed oil, spices, mustard flour, xanthan gum, sea salt, natural flavor, garlic
ketchup	V, GF	organic tomato puree, organic sugar, organic vinegar, sea salt, organic onion powder, natural flavor, organic garlic powder

KIDS MEALS

MAJOR ALLERGENS

INGREDIENTS

SIDES - V, GF

apples

V, GF

apples, lemon juice, water

SAUCES & DRESSINGS

MAJOR ALLERGENS		SAUCES	INGREDIENTS
aji amarillo sauce	GF	FISH;	aji amarillo, canola oil-olive oil blend, rice vinegar (rice vinegar, invert sugar, salt diluted with water), fish sauce (anchovy extract, water, salt, sugar), sea salt, cane sugar, garlic.
balsamic glaze	V, GF		balsamic vinegar, glucose syrup, sugar, modified corn starch, dextrose, xanthan gum
french's yellow mustard	V, GF		distilled vinegar, water, #1 grade mustard seed, salt, turmeric
jalapeno salsa verde	V, GF		chile de arbol, garlic, blended oil (canola/olive), tomatillo, water, salt, jalapeno
mama lil's pickled sweet peppers	V, GF		peppers, water, vinegar, sugar, maple syrup, garlic, fennel seed, salt, calcium chloride
mustard pickle remoulade	VG	WHEAT; MILK;	sour cream (cultured cream), bread & butter pickles (cucumbers, water, cane sugar, white vinegar, salt, onions, peppers, celery seed, mustard seed, turmeric, calcium chloride), mustard pickle dressing (whole grain mustard (water, mustard seed, vinegar, salt) canola oil, hot-sweet mustard (vinegar, sugar, unbleached wheat flour {wheat flour, malted barley flour, niacin, iron, thiamine mononitrate}, mustard seed, olive oil, xanthan gum), yellow mustard (distilled vinegar, water, mustard seed, salt, turmeric, paprika, natural flavor, garlic powder), water, carrots, cauliflower, extra virgin olive oil, rice vinegar (rice vinegar, invert sugar, salt, water) apple cider vinegar, onion, celery, sea salt, celery seeds, ground ginger, ground turmeric)
pomodoro	V, GF		tomatoes, water, onion, extra virgin olive oil, carrots, garlic, sugar, sea salt, basil, vegetable base vegetable (carrot, celery, onion), salt, yeast extract, organic maltodextrin, evaporated cane juice, sunflower oil, natural flavors, turmeric, black pepper, dried oregano, red chili pepper flakes
salsa verde aioli	VG, GF	EGG;	jalapeno salsa verde (chile de arbol, garlic, blended oil (canola/olive), tomatillo, water, salt, jalapeno), herb aioli (blended oil (canola/olive), cilantro, parsley, lime juice, garlic, kosher salt, mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor))
sweet chili sauce	V, GF		chili sauce sweet (pure cane sugar, water, pickled red chili pepper (rice vinegar, chili pepper, salt), garlic, rice vinegar, modified tapioca starch, salt and xanthan gum), rice vinegar, water, tabasco sriracha (red jalapeno pepper, water, sugar, salt, garlic, distilled vinegar, xanthan gum, tabasco sauce (distilled vinegar, red pepper, salt)), thai basil, salt
golden bbq sauce	V, GF		golden mustard (french's yellow mustard (distilled vinegar, water, #1 grade mustard seed, salt, turmeric), brown sugar, molasses, white vinegar, garlic powder, salt), bbq sauce (water, tomato paste, brown sugar, distilled vinegar, salt, modified corn starch, ground mustard seed, caramel color, natural hickory smoke flavor, garlic powder, black pepper, cayenne, cumin, oregano)
vegan aioli	V, GF	SOY;	vegan mayonnaise (expeller pressed canola oil, water, brown rice syrup, apple cider vinegar, isolated soy protein, sea salt, mustard flour, lemon juice concentrate, natural color (from fruit & vegetable juices))

SAUCES & DRESSINGS

MAJOR ALLERGENS		INGREDIENTS	
DRESSINGS			
baja green goddess dressing	VG	EGG; SOY; WHEAT; MILK;	sour cream (grade a cultured cream), mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to preserve flavor), 75/25 blend canola oil (75% canola oil, rbd; 25% extra virgin oil), jalapeno pepper, cilantro, red wine vinegar, 4% seasoned rice vinegar (rice vinegar, invert sugar, salt diluted with water to 4% acidity), lemon juice, cane sugar, hot sauce (aged cayenne red peppers, distilled vinegar, water, salt & garlic powder), ranch mix seasoning (salt, dried onion, modified food starch, sugar, dried garlic, maltodextrin, buttermilk, dextrose, less than 2% of: natural and artificial flavors, lactic acid, calcium lactate, disodium inosinate, & guanylate, calcium stearate), hatch chiles, garlic, taco seasoning (chili pepper and other pepper and other spices, wheat flour, salt, dextrose, maltodextrin, onion powder, garlic powder, silicon dioxide (to prevent caking) dioxide inosinate, extractive of paprika(color), spice extractives, onion extractives),parsley, chives, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), sea salt.
caesar dressing	GF	EGG; MILK; FISH;	mayonnaise (canola oil, pasteurized liquid egg, water, organic sugar, distilled white vinegar, sea salt, mustard flour, lemon juice concentrate, xanthan gum), water, parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes, anti-caking [dairy solids, sugarcane, fiber, natamycin as a mold inhibitor]), garlic, worcestershire sauce (distilled white vinegar, molasses, sugar, water, salt, onions, anchovies, garlic cloves, tamarind extract, natural flavoring, chili pepper extract), anchovy paste (anchovies, salt, olive oil, acetic acid), lemon juice concentrate, pepper, garlic powder
chipotle vinaigrette	V, GF		canola oil, chipotle puree (water, vinegar, chipotle jalapeno, tomato paste, salt, dried red chile, spices, onion powder, garlic powder), agave nectar, distilled vinegar, water, dijon mustard (distilled vinegar, water, mustard seed, sea salt, white wine, citric acid, turmeric, spices), olive oil, contains 2% or less of each of the following: salt, paprika, chili powder [chili pepper, spices, salt, silicon dioxide (anti-caking), garlic], xanthan gum
farmhouse vinaigrette	V, GF		balsamic vinegar, canola oil, agave, dijon mustard (water, mustard seed, distilled vinegar, salt, citric acid), sherry vinegar, extra virgin olive oil, maple syrup, sea salt, black pepper, xanthan gum
fresh herb buttermilk dressing	VG, GF	EGG; MILK;	lemon juice, 120 grain vinegar, shallots, garlic, sugar, buttermilk powder, salt, black pepper, xanthan gum, parsley, chives, dill, cayenne powder, buttermilk, sour cream (cultured cream), mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor)
miso sesame dressing	V	SOY; WHEAT; SESAME;	canola oil, olive oil, seasoned rice vinegar (rice vinegar, invert sugar, salt diluted with water), red miso paste (water, soybeans, rice, salt, ethyl alcohol), lemon juice, maple syrup, agave nectar, white wine vinegar, shallots, lime juice, sesame oil, soy sauce (water, soybeans, wheat, salt), whole grain mustard (water, mustard seeds, vinegar, salt), ginger root, water, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), chili sauce (rice, corn syrup, purified water, chili powder, sea salt, purified salt, alcohol, garlic, onion, seed koji), garlic, sea salt, red chili pepper flakes, black pepper.

SAUCES & DRESSINGS

		MAJOR ALLERGENS	INGREDIENTS
thai almond dressing		SOY; WHEAT; TREENUT (almond); FISH; SESAME;	ginger ponzu dressing (canola oil, olive oil, rice vinegar, ponzu with lime (water, naturally brewed soy sauce (water, soybeans, wheat, salt, alcohol), vinegar, sugar, salt, lime juice concentrate, natural flavor, yeast extract, sodium benzoate: less than 1/10 of 1% as a preservative), yuzu juice, agave nectar, tamari (water, organic soybeans, salt, organic alcohol), sesame oil, dijon mustard (water, mustard seeds, distilled vinegar, salt, citric acid), garlic, ginger, salt, shio koji (filtered water, koji (rice, aspergillus oryzae), sea salt, alcohol), xanthan gum), blended oil (canola/olive), sesame oil, rice vinegar, lime juice, fish sauce (anchovy extract, water, salt, fructose, hydrolysed vegetable protein), almond butter, honey, ginger, brown sugar, garlic, tamarind, salt, sambal chile paste (chili, salt, distilled vinegar, potassium sorbate and sodium bisulfite as preservatives and xanthan gum)
vegan ranch	V, GF	SOY;	vegan mayo (expeller-pressed canola oil, filtered water, brown rice syrup, apple cider vinegar, soy protein, sea salt, mustard flour, lemon juice concentrate), filtered water, apple cider vinegar, olive oil, shelled hemp seeds, cold-pressed flaxseed oil, lemon juice concentrate, cold-pressed hemp seed oil, spices, mustard flour, xanthan gum, sea salt, natural flavor, garlic

SOUPS

MAJOR ALLERGENS		INGREDIENTS
SOUPS		
greek lemon, chicken & farro soup	WHEAT; MILK;	lemon farro soup (water, cooked farro (farro, water, salt), cream (cream, carrageenan, mono-and diglycerides), onion, carrots, celery, vegetable base (chicken meat with natural juices, salt, organic cane sugar, organic maltodextrin, yeast extract, chicken fat, dried onion, spice extractives, turmeric, natural flavors), lemon juice, butter (cream, natural flavor), flour (bleached enriched wheat flour [bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid]), malted barley flour), kosher salt, spice)
creamy tomato soup	VG, GF MILK;	vegetable stock (water, carrots, onions, celery, salt, sugar, corn oil, potato flour, carrot powder), heavy cream, tomato paste, sugar, contains 2% or less of: onions, butter (cream, salt), modified corn starch, garlic, water, nonfat dry milk, extra virgin olive oil, basil, sea salt, tomato concentrate, citric acid, nisin preparation and spice

DELI CASE

MAJOR ALLERGENS		INGREDIENTS
DELI CASE		
basil pesto shells	VG	WHEAT; MILK; pasta shells (water, pasta shells (durum wheat semolina, niacin, ferrous sulfate (iron), thiamin mononitrate, riboflavin, folic acid), canola/olive oil blend, kosher salt), arugula, sun-dried tomatoes, feta cheese (pasteurized cow's milk, cultures, vegetable rennet, salt), parmesan cheese (parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), potato starch and/or corn starch (to prevent caking)), basil pesto (basil, extra virgin olive oil, blended oil (canola/olive), parmesan cheese (parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), potato starch and/or corn starch (to prevent caking)), garlic, salt, armanino pesto (basil, canola oil, water, parmesan cheese (pasteurized part skim cows milk, cheese cultures, salt, enzymes), dehydrated garlic, salt)), salt, black pepper
curried couscous	V	SOY; WHEAT; curry couscous (cooked couscous (water, wheat flour), dressing (vegan mayonaise {expeller pressed canola oil, filtered water, brown rice syrup, apple cider vinegar, soy protein, sea salt, mustard flour, lemon juice concentrate}, brown sugar, lemon juice, spices, kosher salt, vinegar, cayenne pepper, cauliflower, carrots, cilantro, canola oil, olive oil)
kale & apple salad	VG, GF	MILK; TREENUT (pecan); COCONUT; kale, apple, rainbow carrots, pecan praline (sugar, pecan, butter, natural flavor, salt), dried cranberries (cranberries, sugar), thai basil, lemon juice, olive oil, salt, black pepper, toasted coconut
southern potato salad	V, GF	SOY; potato, vegan mayo (expeller pressed canola oil, filtered water, brown rice syrup, apple cider vinegar, soy protein, sea salt, mustard flour, lemon juice concentrate), grainy mustard (need), french's yellow mustard (distilled vinegar, water, #1 grade mustard seed, salt, turmeric), rice vinegar, bread & butter pickles (cucumbers, water, cane sugar, white vinegar, salt, onions, peppers, celery seed, mustard seed, turmeric, calcium chloride), sugar, celery salt, salt, green onions, dill

BEVERAGES

MAJOR ALLERGENS		INGREDIENTS
BEVERAGES - V, GF		
lemonade	V, GF	lemon juice, water, lemonade base (filtered water, lemon juice, cane sugar)
get your greens 3.0 agua fresca	V, GF	cucumber, kale, arugula, ginger, water, sugar, lemon juice
guava lemonade	V, GF	lemonade (lemon juice, water, lemonade base (filtered water, lemon juice, cane sugar)), guava puree (guava pulp), sugar
pomegranate mint lemonade	V, GF	lemonade (lemon juice, water, lemonade base (filtered water, lemon juice, cane sugar)), pomegranate juice (100% pomegranate juice), mint
passionfruit black tea	V, GF	need

CATERING

MAJOR ALLERGENS

INGREDIENTS

FIELD GREENS SALAD - V, GF

mixed greens	V, GF	
grape tomatoes	V, GF	
green apple	V, GF	
red onion	V, GF	
farmhouse vinaigrette	V, GF	balsamic vinegar, canola oil, agave, dijon mustard (water, mustard seed, distilled vinegar, salt, citric acid), sherry vinegar, extra virgin olive oil, maple syrup, sea salt, black pepper, xanthan gum

CATERING PLATTERS

MAJOR ALLERGENS		INGREDIENTS	
MEAT & CHEESE GRAZING BOARD			
CONTAINS: WHEAT; MILK; TREENUT (almond);			
prosciutto	GF		pork, salt
smoked gouda	VG, GF	MILK;	maasdam cheese, pasteurized milk, vegetable rennet, enzymes, salt, water, butter, maize starch, whey powder
white cheddar cheese	VG, GF	MILK;	cultured pasteurized milk, salt, enzymes
beet caviar	V, GF		pickled beets (beets, water, vinegar, sugar, salt, potassium sorbate (added to maintain freshness)), extra virgin olive oil, caramelized onion jam (onion, cane sugar, distilled vinegar, sunflower oil, sea salt, spices, ascorbic acid)
herbed goat cheese	VG, GF	MILK;	goat cheese (pasteurized goat milk, salt, cultures, vegetable rennet), honey, salt, herbs de provence (spices, lavender)
fig jam	V, GF		figs, pure cane sugar, oranges, fruit pectin, citric acid, lactic acid, ascorbic acid
honey roasted almonds	VG, GF	TREENUT (almond);	almonds, sugar, light amber honey, water, canola/olive oil blend, kosher salt, cayenne pepper
ciabatta	V	WHEAT;	high gluten flour, enzyme, ascorbic acid (natural dough conditioner), all purpose flour, extra virgin olive oil, fresh yeast, salt, water
grapes	V, GF		
VEGGIE CHIP & DIP TRAY - V			
CONTAINS: WHEAT;			
pita chips	V	WHEAT;	wheat flour, barley, water, yeast, parsley, seasoning salt, non-gmo canola oil
grape tomatoes	V, GF		
mini peppers	V, GF		
cucumber	V, GF		
purple cauliflower	V, GF		
hummus	V, GF		chickpeas, extra virgin olive oil, blended oil (canola/olive), lemon juice, garlic, salt
beet hummus	V, GF		hummus (chickpeas, extra virgin olive oil, blended oil (canola/olive), lemon juice, garlic, salt), beet caviar (pickled beets (beets, water, vinegar, sugar, salt, potassium sorbate (added to maintain freshness)), extra virgin olive oil, caramelized onion jam (onion, cane sugar, distilled vinegar, sunflower oil, sea salt, spices, ascorbic acid))

CATERING CHEFFY COCKTAIL SANDWICHES

MAJOR ALLERGENS		INGREDIENTS	
CAPRESE - VG, GF			
CONTAINS: MILK;			
fresh mozzarella	VG, GF	MILK;	pasteurized milk, vinegar, enzymes, salt
basil pesto	VG, GF	MILK;	basil, extra virgin olive oil, blended oil (canola/olive), parmesan cheese (parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), potato starch and/or corn starch (to prevent caking)), garlic, salt, armanino pesto (basil, canola oil, water, parmesan cheese (pasteurized part skim cows milk, cheese cultures, salt, enzymes), dehydrated garlic, salt)
balsamic glaze	V, GF		balsamic vinegar, glucose syrup, sugar, modified corn starch, dextrose, xanthan gum
tomato	V, GF		
mixed greens	V, GF		
salt	V, GF		
black pepper	V, GF		
BBQ CHICKEN & GOUDA - GF			
CONTAINS: MILK;			
roasted chicken breast	GF		chicken breast (chicken breast, water, sea salt, potato starch), salt, black pepper
golden bbq sauce	V, GF		golden mustard (french's yellow mustard (distilled vinegar, water, #1 grade mustard seed, salt, turmeric), brown sugar, molasses, white vinegar, garlic powder, salt), bbq sauce (water, tomato paste, brown sugar, distilled vinegar, salt, modified corn starch, ground mustard seed, caramel color, natural hickory smoke flavor, garlic powder, black pepper, cayenne, cumin, oregano)
smoked gouda	VG, GF	MILK;	maasdam cheese, pasteurized milk, vegetable rennet, enzymes, salt, water, butter, maize starch, whey powder
red onion	V, GF		
cilantro	V, GF		
BALSAMIC STEAK & BACON - GF			
CONTAINS: EGG;			
steak	GF		beef tenders (beef tenders, olive oil, salt, dijon mustard (distilled vinegar, water, 1# mustard seed, salt, sugar, spices, turmeric), garlic, black pepper)
bacon	GF		pork, water, salt, turbinado sugar, celery powder, natural flavorings, sea salt
balsamic glaze	V, GF		balsamic vinegar, glucose syrup, sugar, modified corn starch, dextrose, xanthan gum
herb aioli	VG, GF	EGG;	blended oil (canola/olive), cilantro, parsley, lime juice, garlic, kosher salt, mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor)
arugula	V, GF		

CATERING CHEFFY COCKTAIL SANDWICHES

MAJOR ALLERGENS		INGREDIENTS
TUSCAN STEAK - GF		
CONTAINS: EGG; MILK;		
steak	GF	beef tenders (beef tenders, olive oil, salt, dijon mustard (distilled vinegar, water, 1# mustard seed, salt, sugar, spices, turmeric), garlic, black pepper)
basil pesto	VG, GF	MILK; basil, extra virgin olive oil, blended oil (canola/olive), parmesan cheese (parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), potato starch and/or corn starch (to prevent caking)), garlic, salt, armanino pesto (basil, canola oil, water, parmesan cheese (pasteurized part skim cows milk, cheese cultures, salt, enzymes), dehydrated garlic, salt)
marinated red peppers	V, GF	roasted red peppers (roasted florina red peppers, water, red wine vinegar, sea salt, grape must), cilantro, parsley, garlic, sugar, salt, blended oil (canola/olive), vinegar
herb aioli	VG, GF	EGG; blended oil (canola/olive), cilantro, parsley, lime juice, garlic, kosher salt, mayonnaise (soybean oil, water, egg yolks, distilled vinegar, contains less than 2% of corn syrup, salt, spice, lemon juice concentrate, calcium disodium edta added to protect flavor)
arugula	V, GF	
lemon juice	V, GF	
ITALIAN PROSCIUTTO & FIG - GF		
CONTAINS: MILK;		
herbed goat cheese	VG, GF	MILK; goat cheese (pasteurized goat milk, salt, cultures, vegetable rennet), honey, salt, herbs de provence (spices, lavender)
prosciutto	GF	pork, salt
fig jam	V, GF	figs, pure cane sugar, oranges, fruit pectin, citric acid, lactic acid, ascorbic acid
arugula	V, GF	
lemon juice	V, GF	

CATERING KIDS

MAJOR ALLERGENS		INGREDIENTS
PB&J - VG		
CONTAINS: EGG; WHEAT; MILK; PEANUT;		
kids' bread (pullman brioche)	VG	EGG; WHEAT; MILK; high gluten flour (enriched unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzymes, ascorbic acid), bread flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), milk, eggs (whole eggs, citric acid), vegetable oil blend (palm, canola, and olive oils), cane sugar, yeast, malt (malted barley flour, wheat flour, dextrose), salt
peanut butter	V, GF	PEANUT; peanuts, flaxseed, agave syrup, peanut oil, palm fruit oil, salt
strawberry jam	V, GF	strawberries, sugar (beet sugar), brown cane sugar, concentrated lemon juice, gelling agent: fruit pectin
CHEDDAR CHEESE - VG		
CONTAINS: EGG; WHEAT; MILK;		
kids' bread (pullman brioche)	VG	EGG; WHEAT; MILK; high gluten flour (enriched unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzymes, ascorbic acid), bread flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), milk, eggs (whole eggs, citric acid), vegetable oil blend (palm, canola, and olive oils), cane sugar, yeast, malt (malted barley flour, wheat flour, dextrose), salt
farmhouse cheddar	VG, GF	MILK; pasteurized milk, enzymes, salt, annatto coloring

DESSERTS

		MAJOR ALLERGENS	INGREDIENTS
ROCKENWAGNER BAKERY DESSERTS - SERVED AT ALL SOCIAL LOCATIONS (MADE IN FACILITY THAT PROCESSES TREENUTS AND PEANUTS)			
chocolate chip cookies	VG	EGG; SOY; WHEAT;	cake flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), vegetable oil blend (palm, canola and olive oils), beet sugar, semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin (an emulsifier), natural vanilla extract), sugar - light brown, eggs (whole eggs, citric acid), vanilla extract (water, propylene glycol, ethyl alcohol, natural flavors, corn syrup, caramel color), baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), baking soda (sodium bicarbonate)
double chocolate chip cookies	VG	EGG; SOY; WHEAT; MILK;	chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin(an emulsifier, natural vanilla extract), butter, all purpose flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar - light brown, beet sugar, eggs (whole eggs, citric acid), cake flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), cocoa powder, vanilla extract (water, propylene glycol, ethyl alcohol, natural flavors, corn syrup, caramel color), salt, baking soda (sodium bicarbonate)
oatmeal raisin	VG	EGG; WHEAT;	rolled oats, vegetable oil blend (palm, canola and olive oils), beet sugar, seedless raisins, sugar - light brown, eggs (whole eggs, citric acid), cake flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), all purpose flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), baking soda (sodium bicarbonate), vanilla extract (water, propylene glycol, ethyl alcohol, natural flavors, corn syrup, caramel color), ground cinnamon
GRACEFUL COOKIE DESSERTS - SERVED AT ALL LOCATIONS OUTSIDE SOUTHERN CALIFORNIA (MADE IN FACILITY THAT PROCESSES PEANUTS AND TREENUTS)			
chocolate chunk	VG	EGG; SOY; WHEAT; MILK;	chocolate chunk (sugar, unsweetened chocolate, unsweetened chocolate processed with alkali, milkfat, soy lecithin (an emulsifier)), wheat flour, butter (sweet cream, salt), brown sugar, cane sugar, whole eggs (pasteurized), cream cheese (pasteurized cultured milk and cream, salt, stabilizers (guar gum and carob bean gum)), fruit syrup (rice dextrin, grape juice), molasses (unsulphured), baking soda, salt, alum-free baking powder, vanilla
ginger molasses cookie	VG	EGG; WHEAT; MILK;	wheat flour (unbleached, unbromated), cane sugar, butter (sweet cream, salt), molasses, whole eggs (pasteurized), baking soda, cinnamon, nutmeg, cloves, ginger, salt
lemon cheesecake	VG	EGG; SOY; WHEAT; MILK;	wheat flour, cane sugar, cream cheese [pasteurized cultured milk and cream, salt, stabilizers (guar gum and carob bean gum)], butter (sweet cream, salt), whole eggs (pasteurized), fruit syrup (rice dextrin, grape juice), powdered sugar (cane sugar, non-gmo corn starch), natural lemon flavor (cane sugar, dextrose, fructose, lemon, natural flavor, non-gmo soy lecithin), baking soda, natural food color (plant extractive, non-gmo soy lecithin), salt
oatmeal, hemp, date cookie	V	WHEAT; COCONUT; SEEDS;	cane sugar, rolled oats, 100% whole grain wheat flour, coconut oil, dates (dates, oat flour), brown sugar, water, fruit syrup (rice dextrin, grape juice), hemp seed, chia seed, cinnamon, baking soda, salt

NUTRITIONAL INFORMATION

	Serving (wt-oz)	Calories (kcal)	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Total Sugar (g)	Protein (g)
SEASONAL												
Smoky BBQ Brioche Sandwich	12.2 oz	670	260	27	6	0	140	1500	64	3	27	37
The Farmhouse Ranch Salad	15.2 oz	350	150	16	6	0	25	770	38	11	8	19
without dressing	16.0 oz	460	270	29	9	0	45	1260	38	9	9	17
Seasonal GOAT with Sweet Citrus	18.8 oz	790	470	52	7	0	70	1070	54	11	35	37
without dressing	17.3 oz	580	280	31	5	0	70	820	48	11	30	36
SANDWICHES												
"Not So Fried" Chicken	14.8 oz	900	450	48	6	0	85	1350	79	5	10	35
Peruvian Steak Sandwich	11.8 oz	780	410	46	12	0	110	2340	54	3	13	41
Prosciutto & Chicken	12.5 oz	790	360	38	10	0	85	1430	63	5	10	44
Chimichurri Steak and Bacon	13.2 oz	950	470	51	10	0	105	2270	76	3	18	43
Vegan Banh Mi	12.4 oz	670	270	29	3.5	0	0	1560	77	4	18	22
The Happy Hippie	15.7 oz	820	440	47	6	0	10	960	88	12	15	14
Chicken Parm Dip	11.5 oz	940	450	49	12	0	110	2030	75	3	4	46
The Farm Club	13.9 oz	760	320	34	8	0	100	1620	69	6	7	40
Chicken Pesto Caprese	13.8 oz	800	400	42	9	0	90	1180	57	4	5	42
Vegetarian Pesto Caprese	13.3 oz	950	550	57	18	0	75	810	57	4	5	39
Turkey Avo Salsa Verde	16.1 oz	840	430	45	11	0	115	1490	63	7	8	41
½ SANDWICH COMBOS												
Chicken Pesto Caprese - Vegetarian	6.7 oz	480	280	28	9	0	35	410	28	2	3	19
Chicken Pesto Caprese	6.9 oz	400	200	21	4.5	0	45	590	28	2	3	21
The Farm Club	7 oz	380	160	17	4	0	50	810	34	3	4	20
Vegan Banh Mi	6.2 oz	330	140	15	1.5	0	0	780	39	2	9	11
"Not So Fried" Chicken	7.4 oz	450	220	24	3	0	45	670	39	3	5	17
Turkey Avo Salsa Verde	8 oz	420	220	23	6	0	55	740	31	4	4	21
SALADS												
Avocado & Quinoa Superfood Ensalada	16.1 oz	690	470	51	8	0	20	1090	47	15	10	19
without dressing	14.1 oz	400	210	22	6	0	20	570	41	14	5	19
add chicken	3.5 oz	110	20	2.5	0	0	60	500	0	0	0	20
add Impossible Chorizo	2.3 oz	130	70	7	4	0	0	430	7	2	< 1g	10
add Beyond Chorizo	2.3 oz	140	80	9	2.5	0	0	410	5	2	< 1g	10
Thai Mango Salad	19.7 oz	840	460	50	14	0	60	1780	70	12	38	35
without dressing	17.7 oz	640	320	34	12	0	60	1020	55	12	25	34
Baja Green Goddess Salad	15.3 oz	600	380	40	11	0	40	800	50	12	9	15
without dressing	13.3 oz	410	200	21	8	0	25	350	46	12	6	15
add chicken adobado	4.0 oz	100	20	2	0	0	50	500	2	0	1	17
add Impossible Chorizo	2.3 oz	130	70	7	4	0	0	430	7	2	< 1g	10
add Beyond Chorizo	2.3 oz	140	80	9	2.5	0	0	410	5	2	< 1g	10
Chen's Crispy Rice Salad with chicken	16.1 oz	700	340	37	3.5	0	60	1580	64	10	22	35
without dressing	14.1 oz	500	190	20	2.5	0	60	960	54	9	15	34
Chen's Crispy Rice Salad with tofu	16.8 oz	790	420	46	5	0	0	1750	76	11	28	29
without dressing	14.8 oz	600	270	30	4	0	0	1130	66	10	21	28
The Modern Caesar	17.8 oz	680	530	56	9	0	150	920	30	11	9	18
without dressing	15.2 oz	260	140	14	4	0	10	390	25	11	7	13
add chicken	3.5 oz	110	20	2.5	0	0	60	500	0	0	0	20
Golden State Cobb	19.5 oz	750	560	60	13	0	240	1430	29	11	9	30
without dressing	17.5 oz	450	260	28	10	0	230	880	26	11	7	29
Not So Fried Chicken - Salad Style	19.1 oz	740	440	47	4.5	0	65	1510	50	7	21	31
without dressing	16.1 oz	420	190	20	2	0	65	1020	36	7	11	27
WRAPS												
Avocado and Quinoa Superfood Ensalada Wrap	19.5 oz	1120	630	68	16	0	20	1760	108	16	9	27
Chen's Crispy Rice Wrap	17.6 oz	1040	480	52	12	0	0	1800	127	12	25	23
add Chicken	3.5 oz	110	20	2.5	0	0	60	500	0	0	0	20
add Baked Marinated Tofu	3.5 oz	210	120	14	2.5	0	0	770	9	< 1g	1	15
Baja Green Goddess Wrap	16.9 oz	970	510	55	19	0	40	1250	102	12	8	23
add Chicken Adobado	4.0 oz	100	20	2	0	0	50	520	2	0	< 1g	17
add Impossible Chorizo	2.3 oz	130	70	7	4	0	0	400	7	2	< 1g	10
Modern Caesar Wrap	21.9 oz	1090	660	70	16	0	140	1540	91	12	9	26
add Chicken	3.5 oz	110	20	2.5	0	0	60	500	0	0	0	20
Thai Mango Wrap	15.1 oz	930	440	48	15	0	0	1650	112	8	31	18
add Chicken	3.5 oz	110	20	2.5	0	0	60	500	0	0	0	20
add Baked Marinated Tofu	3.5 oz	210	120	14	2.5	0	0	770	9	< 1g	1	15
Golden State Cobb Wrap	19.0 oz	1170	710	78	21	0	240	2100	85	9	7	35

NUTRITIONAL INFORMATION

	Serving (wt-oz)	Calories (kcal)	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Total Sugar (g)	Protein (g)
KIDS MEALS												
Grilled Cheddar Cheese Sandwich	5.4 oz	610	360	39	21	0	130	650	43	2	8	22
Peanut Butter & Jelly	4.9 oz	520	210	23	4.5	0	40	410	69	5	24	14
Turkey & Cheddar Sandwich	6.1 oz	540	270	30	14	0	125	740	43	2	8	26
Crispy Chicken Tenders (turbo chef)	6.0 oz	320	130	14	2.5	0	60	670	18	2	3	30
Organic Ketchup	1.0 oz	35	0	0	0	0	0	320	8	0	7	0
Vegan Ranch Dressing	1.0 oz	120	120	13	1	0	0	120	< 1g	0	0	0
Apples	2 oz	35	0	0	0	0	0	0	8	2	5	0

DRESSINGS & SAUCES

Baja Green Goddess Dressing	2 fl oz	190	170	19	4	0	15	450	4	0	3	< 1g
Basil Pesto-Balsamic Vinaigrette	1 fl oz	110	90	10	1	0	0	140	3	0	2	1
Chipotle Vinaigrette	2 fl oz	280	260	29	2.5	0	0	520	6	< 1g	5	0
Ginger Ponzu Dressing	2 fl oz	250	220	25	2.5	0	0	600	8	0	7	< 1g
Classic Caesar Dressing	2 fl oz	340	310	34	4	0	110	420	4	0	2	4
Farmhouse Vinaigrette	2 fl oz	280	250	28	2	0	0	330	9	0	7	0
Herb Buttermilk Ranch	2 fl oz	180	160	17	3.5	0	20	670	5	0	3	< 1g
Jalapeño Salsa Verde	2 fl oz	25	15	2	0	0	0	170	3	< 1g	2	0
Miso Mustard Sesame Dressing	2 fl oz	220	160	18	1.5	0	0	650	13	0	10	1
Mustard Shallot Vinaigrette	2 fl oz	240	220	24	1.5	0	0	200	6	0	3	0
Rustic Red Wine Vinaigrette	2 fl oz	300	290	32	3.5	0	10	550	3	0	2	0
Pomodoro Sauce	2 fl oz	60	35	3.5	0.5	0	0	340	6	0	4	< 1g
Tangy BBQ Sauce	2 fl oz	50	0	0	0	0	0	540	13	0	12	< 1g
Thai Almond Dressing	2 fl oz	200	140	16	1.5	0	0	750	15	< 1g	14	1
Vegan Ranch	2 fl oz	250	240	26	2	0	0	240	2	0	0	0

BREADS

Ciabatta	3.7 oz	260	35	3.5	0.5	0	0	160	47	2	0	7
Cornmeal Brioche	1 roll	270	70	7	1.5	0	40	430	43	1	9	7
Gluten Free Bread	5.3 oz	420	170	18	2	0	0	920	62	6	8	6
Mom's Seeded Whole Wheat	4.1 oz	320	60	6	2	0	10	400	58	2	4	8
Mejorado Vegan Tortilla	1 wrap	460	170	18	8	0	0	710	64	2	0	9
Potato Brioche Hoagie	2.5 oz	240	60	6	1	0	35	500	38	2	3	8
Sesame Roll	4.0 oz	300	45	5	0.5	0	0	640	54	2	1	8
Sourdough	4.7 oz	300	20	2	0	0	0	600	62	2	2	10

DELI SIDES

Southern Potato Salad Small	4.5 oz	260	160	17	1	0	0	400	22	1	2	2
Southern Potato Salad Medium	9 oz	530	330	33	2	0	0	790	44	3	4	4
Southern Potato Salad Large	18 oz	1050	660	67	3.5	0	0	1590	87	6	8	7
Basil Pesto Shells Small	3.5 oz	270	140	15	3.5	0	15	650	24	2	2	8
Basil Pesto Shells Medium	7 oz	540	280	30	7	0	30	1300	48	4	4	16
Basil Pesto Shells Large	14 oz	1070	560	59	14	0	55	2600	96	8	8	33
Kale and Apple Salad Small	3.5 oz	250	190	21	3.5	0	0	125	17	3	8	1
Kale and Apple Salad Medium	7 oz	510	380	42	7	0	0	250	35	6	16	2
Kale and Apple Salad Large	14 oz	1020	770	85	15	0	0	500	69	11	31	5
Curried Couscous Small	4.5 oz	290	180	18	0	0	0	600	25	2	7	2
Curried Couscous Medium	9 oz	580	360	36	0	0	0	1210	49	4	13	4
Curried Couscous Large	18 oz	1160	720	72	0	0	0	2420	98	9	27	9

SOUPS

Greek Lemon Chicken and Farro Soup cup	8 oz	180	110	12	7	0	35	1040	16	2	3	4
Greek Lemon Chicken and Farro Soup bowl	16 oz	360	220	24	14	0	70	2070	32	4	6	8
Tomato Basil Soup cup	8 oz	270	180	20	12	0	70	640	20	2	12	3
Tomato Basil Soup bowl	16 oz	540	360	40	24	0	140	1280	40	4	24	6

NUTRITIONAL INFORMATION

	Serving (wt-oz)	Calories (kcal)	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Total Sugar (g)	Protein (g)
BEVERAGES												
Iced Tea - 16oz	16 oz	5	0	0	0	0	0	15	1	0	0	0
Iced Tea - 20oz	20 oz	5	0	0	0	0	0	20	2	0	0	0
Lemonade - 16oz	16 oz	260	0	0	0	0	0	30	65	0	58	0
Lemonade - 20oz	20 oz	320	0	0	0	0	0	40	82	0	73	0
Guava Lemonade - 16oz	16 oz	350	10	1	0	0	0	30	87	9	71	< 1g
Guava Lemonade - 20oz	20 oz	440	10	1	0	0	0	35	109	11	89	1
Get Your Greens - 16oz	16 oz	190	5	0	0	0	0	35	48	< 1g	43	2
Get Your Greens - 20oz	20 oz	240	5	0.5	0	0	0	40	60	1	53	3
Pomegranate Mint Lemonade - 16oz	16 oz	260	0	0	0	0	0	35	65	0	58	0
Pomegranate Mint Lemonade - 20oz	20 oz	320	0	0	0	0	0	40	81	0	73	0
Organic Valley Milk	6.75 oz	90	20	2	1.5	0	10	105	10	0	10	7

WINES

WHITE												
SPELLBOUND Chardonnay	6 fl oz	130	0	0	0	0	0	10	4	0	2	0
RED												
SPELLBOUND Cabernet	6 fl oz	140	0	0	0	0	0	0	5	0	0	0
NOTES Pinot Noir	6 fl oz	140	0	0	0	0	0	0	4	0	0	0
MATCHBOOK Rose	6 fl oz	130	0	0	0	0	0	10	2	0	0	0
TINTO REY Rose	6 fl oz	130	0	0	0	0	0	10	2	0	0	0
TINTO REY Tempranillo	6 fl oz	150	0	0	0	0	0	10	5	0	1	0

BEERS

SO CAL												
MODERN TIMES Ice Pilsner	12 oz	160	0	0	0	0	0	20	15	0	1	1
REFUGE Blood Orange Wit	12 oz	200	0	0	0	0	0	20	17	0	4	1
SMOG CITY IPA	12 oz	230	0	0	0	0	0	20	13	0	1	2
THREE WEAVERS Cloud City Hazy IPA	12 oz	210	0	0	0	0	0	20	12	0	1	2
PIZZA PORT Shark Bite Red Ale	12 oz	220	0	0	0	0	0	20	18	0	< 1g	2
MADEWEST Standard Blonde Ale	12 oz	210	0	0	0	0	0	20	18	0	1	2
PIZZA PORT Chronic Ale Amber	12 oz	170	0	0	0	0	0	20	12	0	1	1
MOTHER EARTH Boo Koo IPA	12 oz	210	0	0	0	0	0	20	12	0	1	2
SOCIETE The Pupil IPA	12 oz	240	0	0	0	0	0	20	14	0	1	2
MIKKELLER Windy Hill Hazy IPA	12 oz	220	0	0	0	0	0	20	13	0	1	2

NOR CAL

TRUMER Pils Pilsner	12 oz	180	0	0	0	0	0	20	14	0	1	1
21ST AMENDMENT Brew Free! Or Die Blood Orange IPA	12 oz	240	0	0	0	0	0	20	15	0	< 1g	2
FIRESTONE Mind Haze Hazy IPA	12 oz	200	0	0	0	0	0	20	11	0	1	2
SIERRA NEVADA Hazy Little Thing Hazy IPA	12 oz	230	0	0	0	0	0	20	17	0	< 1g	2
DRAKES Hefeweizen	12 oz	160	0	0	0	0	0	20	12	0	< 1g	2
SEISMIC Megathrust IPA	12 oz	240	0	0	0	0	0	20	14	0	1	2
SUDWERK People's Pilsner	12 oz	190	0	0	0	0	0	20	14	0	1	1
TRACK 7 Panic IPA	12 oz	220	0	0	0	0	0	20	13	0	1	2

TEXAS

SPINDLETAP Boomtown Blonde Ale	12 oz	190	0	0	0	0	0	20	16	0	< 1g	2
ST ARNOLD Fancy Lawnmower German-Style Kolsch	12 oz	170	0	0	0	0	0	20	13	0	< 1g	< 1g
ST ARNOLD Art Car IPA	12 oz	230	0	0	0	0	0	20	13	0	< 1g	2
LONE PINT BREWERY Yellow Rose IPA	12 oz	230	0	0	0	0	0	20	17	0	< 1g	2
KARBACH BREWING Love Street Citrus Wheat	12 oz	160	0	0	0	0	0	20	13	0	0	2
COMMUNITY Texas Lager	12 oz	120	0	0	0	0	0	20	10	0	1	1
TUPPS BREWERY Juice Pack Pale Ale	12 oz	170	0	0	0	0	0	20	13	0	1	2
DEEP ELLUM BREWING Easy Peasy IPA	12 oz	170	0	0	0	0	0	20	14	0	1	2

SEATTLE

FREMONT BREWING - Golden Pilsner	12 oz	140	0	0	0	0	0	20	12	0	1	< 1g
FREMONT BREWING - Summer Pale Ale	12 oz	160	0	0	0	0	0	20	13	0	1	2
GEORGETOWN BREWING - Lucille IPA	12 oz	220	0	0	0	0	0	20	13	0	< 1g	2
SILVER CITY BREWERY - Tropic Haze IPA	12 oz	200	0	0	0	0	0	20	14	0	< 1g	2

NUTRITIONAL INFORMATION

CATERING

	Serving (wt-oz)	Calories (kcal)	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Total Sugar (g)	Protein (g)
SANDWICHES												
The Farm Club	1/2 sandwich	380	160	17	4	0	50	810	34	3	4	20
Chimichurri Steak & Bacon	1/2 sandwich	470	240	26	5	0	55	1130	38	2	9	22
Chicken Pesto Caprese	1/2 sandwich	400	200	21	4.5	0	45	590	28	2	3	21
Mario's Caprese	1/2 sandwich	480	280	28	9	0	35	410	28	2	3	19
Prosciutto & Chicken	1/2 sandwich	420	190	20	5	0	45	950	35	3	6	23
Turkey Avo Salsa Verde	1/2 sandwich	420	220	23	6	0	55	740	31	4	4	21
Vegan Banh Mi	1/2 sandwich	320	130	14	1.5	0	0	790	39	2	9	11
"Not So Fried" Chicken	1/2 sandwich	450	220	24	3	0	45	670	39	3	5	17

SPECIALTY LEAFY SALADS

(Recommended portions w/dressing)

Avocado & Quinoa Superfood Ensalada (low portion)	3.7 oz	150	100	11	2	0	< 5mg	230	10	3	2	4
Avocado & Quinoa Superfood Ensalada (high portion)	4.9 oz	200	140	15	2.5	0	5	310	14	4	3	6
The Seasonal GOAT with Oranges (low portion)	3.1 oz	160	110	12	2	0	< 5mg	250	13	2	10	3
The Seasonal GOAT with Oranges (high portion)	4.7 oz	240	150	17	2.5	0	< 5mg	340	20	3	15	5
Chen's Crispy Rice Salad (low portion)	3.5 oz	170	90	10	0.5	0	10	380	14	2	6	6
Chen's Crispy Rice Salad (high portion)	5 oz	230	130	14	1	0	10	510	22	3	9	8
The Modern Caesar (low portion)	2.9 oz	160	120	13	3	0	30	230	8	2	1	4
The Modern Caesar (high portion)	4.2 oz	220	160	18	4	0	40	310	10	3	2	7
Field Greens Salad (low portion)	1.9 oz	70	50	6	0	0	0	70	4	< 1g	3	0
Field Greens Salad (high portion)	2.5 oz	90	70	8	0.5	0	0	90	6	< 1g	4	< 1g

ADD CHICKEN FOR SALADS

Low Portion	0.5 oz	15	5	0	0	0	10	70	0	0	0	3
High Portion	0.7 oz	20	5	0	0	0	10	95	0	0	0	4

BOXED SALADS

(nutrition info does not include chips, cookie, or deli side)

Avocado & Quinoa Superfood Ensalada	8.2 oz	210	100	11	3	0	10	290	23	8	3	10
Chipotle Vinaigrette	1.75 fl oz	250	230	25	2	0	0	450	5	0	4	0
Chen's Crispy Rice Salad with Chicken	11.3 oz	420	160	18	1.5	0	60	750	40	6	11	30
Miso Sesame Dressing	2 fl oz	190	150	16	1	0	0	610	10	1	7	1
The Modern Caesar 2.0	7.3 oz	190	90	10	2	0	35	410	10	5	3	16
Classic Caesar Dressing	1.75 fl oz	300	270	30	3.5	0	95	370	4	0	2	4
Field Greens Salad	4.6 oz	35	5	0	0	0	0	10	7	2	4	1
Farmhouse Vinaigrette	1.75 fl oz	210	180	21	1.5	0	0	110	7	< 1g	6	0

BOXED SANDWICHES

see 1/2 sandwiches above

GOURMET DELI SIDES

(Recommended portions)

Basil Pesto Shells (low portion)	2.9 oz	210	110	12	3	0	10	520	19	2	2	7
Basil Pesto Shells (high portion)	4.1 oz	310	160	17	4	0	15	750	27	2	2	10
Southern Potato Salad (low portion)	3.6 oz	210	130	13	0.5	0	0	320	17	1	2	1
Southern Potato Salad (high portion)	4.8 oz	280	180	18	1	0	0	420	23	1	2	2
Kale and Apple Salad (low portion)	2.4 oz	180	130	15	2.5	0	0	85	12	2	5	< 1g
Kale and Apple Salad (high portion)	3.7 oz	270	210	23	4	0	0	135	18	3	8	1
Curried Couscous (low portion)	3.6 oz	230	140	14	0	0	0	480	20	2	5	2
Curried Couscous (high portion)	4.8 oz	310	190	19	0	0	0	640	26	2	7	2

NUTRITIONAL INFORMATION CATERING

	Serving (wt-oz)	Calories (kcal)	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Total Sugar (g)	Protein (g)
CHEFFY COCKTAIL SANDWICHES												
(10 per order, nutrition by piece)												
BBQ Chicken & Smoked Gouda	1 piece	220	60	7	2.5	0	40	670	24	1	3	15
Caprese	1 piece	250	130	14	6	0	40	250	21	1	4	9
Tuscan Steak	1 piece	250	130	14	2	0	25	520	21	1	< 1g	11
Balsamic Steak & Bacon	1 piece	220	100	11	2	0	20	440	22	1	< 1g	8
Prosciutto and Fig	1 piece	190	60	6	3	0	35	410	24	1	7	8
GRAZING TRAYS												
(Recommended portions)												
Meat & Cheese Tray	42.8 oz	2760	1260	140	63	0	370	5510	259	13	138	128
Low Portion	4.3 oz	280	130	14	6	0	35	550	26	1	14	13
High Portion	7.1 oz	460	210	23	11	0	60	920	43	2	23	21
Veggies, Chips & Dip Tray	56.0 oz	3240	1410	150	15	0	0	5650	404	50	60	83
Low Portion	5.6 oz	320	140	15	1.5	0	0	560	40	5	6	8
High Portion	9.3 oz	540	240	25	2.5	0	0	940	67	8	10	14
CRAFTED FOR KIDS												
Peanut Butter & Jelly Platter	1 piece	120	35	4	0.5	0	0	130	18	1	5	3
Cheddar Cheese Sack Lunch	1 sandwich	610	360	39	21	0	130	650	43	2	8	22
Peanut Butter & Jelly Sack Lunch	1 sandwich	520	210	23	4.5	0	40	410	69	5	24	14
Turkey & Cheddar Sack Lunch	1 sandwich	540	270	30	14	0	125	740	43	2	8	26
DESSERTS												
Chocolate Chip Cookie	1 piece	240	100	11	4	0	10	140	36	1	20	2
Double Chocolate Chip Cookie	1 piece	250	120	13	8	0	35	125	33	1	22	2
Oatmeal Raisin Cookie	1 piece	200	60	7	2	0	20	105	33	2	18	3
NORTHERN CA STORES												
Chocolate Chunk	1 piece	210	100	11	7	0	30	320	29	2	17	4
Ginger Molasses	1 piece	200	50	6	4	0	30	290	34	<1	18	3
Lemon Cheesecake	1 piece	200	60	7	4	0	30	110	32	<1	18	2
Oat, Hemp and Date	1 piece	210	70	8	6	0	65	30	33	3	19	3

ALLERGEN INFORMATION

	Egg	Soy	Wheat	Peanut	Treenut	Milk	Fish	Shellfish	Gluten	Sesame	Coconut	Seeds	VG/V?	GF/RF?
SEASONAL														
Smoky BBQ Brioche Sandwich	✓		✓			✓								
The Farmhouse Ranch Salad	✓		✓			✓							VG	
Seasonal GOAT with Sweet Citrus					✓	✓								GF
SANDWICHES														
"Not So Fried" Chicken	✓		✓			✓			✓					
Peruvian Steak Sandwich	✓					✓	✓							RGF
Prosciutto & Chicken					✓	✓								RGF
Chimichurri Steak and Bacon	✓													RGF
Vegan Banh Mi		✓	✓						✓	✓			V	
The Happy Hippie		✓				✓							VG	RGF
Chicken Parm Dip	✓		✓			✓			✓					
The Farm Club	✓													RGF
Chicken Pesto Caprese						✓								RGF
Vegetarian Pesto Caprese						✓							VG	RGF
Turkey Avo Salsa Verde	✓					✓								RGF
SALADS														
Avocado & Quinoa Superfood Ensalada						✓							VG	GF
Thai Mango Salad		✓	✓		✓		✓		✓	✓				
Baja Green Goddess Salad	✓	✓	✓			✓			✓		✓			
Chen's Crispy Rice Salad with chicken		✓	✓		✓				✓	✓				
The Modern Caesar	✓					✓	✓							GF
Golden State Cobb	✓					✓	✓							GF
Not So Fried Chicken - Salad Style			✓			✓			✓					
Field Greens Salad													V	GF
KIDS MEALS														
Grilled Cheddar Cheese Sandwich	✓		✓			✓			✓				VG	
Peanut Butter & Jelly	✓		✓	✓		✓			✓				VG	
Turkey & Cheddar Sandwich	✓		✓			✓			✓					
Crispy Chicken Tenders		✓	✓						✓					
Apples													V	GF
DELI SIDES & SOUPS														
Creamy Tomato Soup						✓							VG	GF
Greek Lemon, Chicken & Farro Soup			✓			✓			✓					
Basil Pesto Shells			✓			✓			✓				VG	
Curried Couscous		✓	✓						✓				V	
Kale & Apple Salad					✓	✓					✓		VG	GF
Southern Potato Salad		✓											V	GF
HOUSEMADE BEVERAGES														
Get Your Greens													V	GF
Guava Lemonade													V	GF
Lemonade													V	GF
Passionfruit Black Tea													V	GF
Pomegranate Mint Lemonade													V	GF
PROTEINS														
Beyond Chorizo			✓						✓		✓		V	
Impossible Chorizo		✓	✓						✓		✓		V	
Marinated Tofu		✓								✓			V	GF
Roasted Chicken Breast														GF
Roasted Turkey Breast														GF
Steak														GF
Pork Butt														GF

ALLERGEN INFORMATION

	Egg	Soy	Wheat	Peanut	Treenut	Milk	Fish	Shellfish	Gluten	Sesame	Coconut	Seeds	VG/V?	GF/RGF?
BREADS														
Ciabatta			✓						✓				V	
Kids' Bread (Pullman Brioche)	✓		✓			✓			✓				VG	
Mom's Seeded Whole Wheat			✓						✓	✓		✓	VG	
Potato Roll	✓		✓						✓				VG	
Sesame Roll			✓						✓	✓		✓	V	
Sourdough			✓						✓				V	
Brioche Slider (Mini Cheffy Bun)	✓		✓			✓			✓				VG	
Brioche Slider			✓			✓			✓				VG	
Mejorado Vegan Tortilla			✓						✓				V	
Gluten-Free Bread	✓											✓	VG	GF
Cornmeal Brioche	✓		✓			✓							VG	
SAUCES & DRESSINGS														
Aji Amarillo Sauce							✓							GF
Balsamic Glaze													V	GF
French's Yellow Mustard													V	GF
Jalapeno Salsa Verde													V	GF
Mama Lil's Pickled Sweet Peppers													V	GF
Mustard Pickle Remoulade			✓			✓			✓				VG	
Pomodoro													V	GF
Salsa Verde Aioli	✓												VG	GF
Sweet Chili Sauce													V	GF
Tangy BBQ Sauce													V	GF
Vegan Aioli		✓											V	GF
Baja Green Goddess Dressing	✓	✓	✓			✓			✓				VG	
Basil Pesto Vinaigrette						✓							VG	GF
Caesar Dressing	✓					✓	✓							GF
Chipotle Vinaigrette													V	GF
Farmhouse Vinaigrette													V	GF
Thai Almond Dressing		✓	✓		✓		✓		✓	✓				
Vegan Ranch		✓											V	GF
CATERING														
Meat & Cheese Grazing Board			✓		✓	✓			✓					
Veggie Chip & Dip Tray			✓						✓				V	
Caprese						✓							VG	
BBQ Chicken & Gouda						✓								
Balsamic Steak & Bacon	✓													
Tuscan Steak	✓					✓								
Italian Prosciutto & Fig						✓								
PB&J	✓		✓	✓		✓			✓				VG	
Cheddar Cheese	✓		✓			✓			✓				VG	
DESSERTS														
Chocolate Chip Cookies	✓	✓	✓						✓				VG	
Double Chocolate Chip Cookies	✓	✓	✓			✓			✓				VG	
Oatmeal Raisin	✓		✓						✓				VG	
Chocolate Chunk	✓	✓	✓			✓			✓				VG	
Ginger Molasses Cookie	✓		✓			✓			✓				VG	
Lemon Cheesecake	✓	✓	✓			✓			✓				VG	
Oatmeal, Hemp, Date Cookie			✓						✓		✓	✓	V	