

# CHEF'S SPECIALS

LIMITED TIME!

## The Farmhouse Ranch Salad <sup>vg</sup>

vine-ripened cherry tomatoes, cucumber, avocado, parmesan, tuscan krispies, chives, romaine, kale, mixed greens, herb buttermilk ranch 470 CAL

ADD chicken

## Smoky BBQ Brioche Sandwich

smoked pork burnt ends, BBQ sauce, rainbow carrot-apple slaw, B&B pickles, herb aioli, on cornmeal brioche 670 CAL

## The Seasonal GOAT with Sweet Citrus <sup>gf</sup> <sup>N</sup>

chicken, goat cheese, honey roasted almonds, oranges, shaved fennel, pickled red onions, fresh mint, romaine, kale, mixed greens, farmhouse vinaigrette, hot citrus honey 710 CAL

# SALADS

Try any of these salads as a wrap +1.00

## Avocado & Quinoa Superfood Ensalada <sup>vg</sup> <sup>gf</sup>

avocado, roasted corn, black beans, jicama, grape tomatoes, red onions, quinoa & millet, superfood crunchies, kale, romaine, cilantro, cotija, chipotle vinaigrette 690 CAL

<sup>v</sup> Make it vegan! Skip the cotija

ADD chicken or Impossible chorizo

## Chen's Crispy Rice Salad <sup>N</sup>

chicken OR tofu, rainbow carrots, watermelon radish, cashews, crispy rice, wontons, scallion, cilantro, romaine, kale, spinach, red & green cabbage, miso sesame dressing 700-800 CAL

<sup>v</sup> Vegan when you choose tofu

## The Modern Caesar <sup>gf</sup>

avocado, grape tomatoes, red onions, parmesan, superfood crunchies, romaine, kale, baby spinach, cabbage, Caesar dressing 610 CAL

ADD chicken

## Golden State Cobb <sup>gf</sup>

applewood smoked bacon, avocado, hard-boiled egg, blue cheese, vine-ripened cherry tomatoes, pickled red onions, balsamic glaze, chives, romaine, kale, mixed greens, rustic red wine vinaigrette 750 CAL

ADD chicken or steak

## Baja Green Goddess

chicken adobado OR Impossible chorizo, roasted corn, black beans, jicama, avocado, grape tomatoes, red onions, Monterey jack, taco crunch, romaine, arugula, cabbage, cilantro, Baja goddess dressing 700-730 CAL

<sup>vg</sup> Vegetarian when you choose chorizo

## Thai Mango Salad <sup>N</sup>

chicken OR tofu, mango, ramen noodles, pickled daikon & carrots, honey roasted almonds, napa cabbage, kale, romaine, baby spinach, carrots, bean sprouts, Thai basil, mint, cilantro, lime, crispy shallots, Thai almond dressing 840-940 CAL

## ADD ONS:

avocado 80 CAL    bacon 130 CAL    chicken 110 CAL    turkey 110 CAL    tofu 210 CAL    Impossible chorizo 130 CAL    steak 160 CAL

<sup>v</sup> Vegan    <sup>vg</sup> Vegetarian    <sup>gf</sup> Gluten-Free    <sup>N</sup> Contains Nuts

<sup>rgf</sup> Request Gluten-Free by substituting the bread

# SANDWICHES

## "Not So Fried" Chicken

chicken, Mendo's krispies, mustard pickle slaw, tomatoes, pickled red onions, herb aioli, on toasted ciabatta with a side of golden BBQ sauce or mustard remoulade 900-1020 CAL

## Peruvian Steak <sup>rgf</sup>

seared steak tossed in a spicy ají amarillo sauce, melted Oaxacan cheese, tomatoes, red onions, shredded romaine, herb aioli, on toasted potato roll 760 CAL

ADD avocado

## Prosciutto & Chicken <sup>N</sup> <sup>rgf</sup>

chicken, Italian prosciutto, fresh mozzarella, crushed honey roasted almonds, basil pesto, balsamic glaze, tomatoes, on panini-pressed ciabatta 790 CAL

## Chimichurri Steak & Bacon <sup>rgf</sup>

seared steak & applewood smoked bacon, marinated red peppers, caramelized onion jam, chimichurri, shredded romaine, herb aioli, on toasted sesame roll 950 CAL

## Vegan Banh Mi <sup>v</sup>

baked salt & pepper tofu, pickled daikon & carrots, cucumber, jalapeño, Thai basil, cilantro, sweet chili sauce, vegan mayo, on panini-pressed ciabatta 670 CAL

## The Farm Club <sup>rgf</sup>

roasted turkey, smashed avocado, applewood smoked bacon, tomatoes, pickled red onions, mixed greens, herb aioli, on seeded honey whole wheat 760 CAL

## Chicken Parm Dip

chicken, Mendo's krispies, melted mozzarella & parmesan, pomodoro sauce, basil, Calabrian chile aioli, on toasted sesame roll served with extra pomodoro for dipping 930-970 CAL

## Chicken Pesto Caprese <sup>rgf</sup>

chicken, fresh mozzarella, marinated red peppers, basil pesto, mixed greens, balsamic, on panini-pressed ciabatta 800 CAL

<sup>vg</sup> Make it vegetarian! Swap chicken for extra mozzarella

## Turkey Avo Salsa Verde <sup>rgf</sup>

roasted turkey, smashed avocado, melted smoked Gouda, cotija, Mama Lil's sweet hot peppers, jalapeño salsa aioli, tomatoes, shredded romaine, red onions, on panini-pressed sourdough, served with a side of jalapeño salsa verde 880-900 CAL

## The Happy Hippie <sup>vg</sup> <sup>rgf</sup>

avocado, cucumber, carrots, Kumato tomatoes, beet caviar, hummus, white cheddar, sprouts, cucumber dill ranch, vegan mayo, on toasted honey whole wheat 820 CAL

<sup>v</sup> Make it vegan! Skip the cheddar & sub ciabatta

## HALF SANDWICH COMBO

Half Sandwich w/Deli Side or Soup

"Not So Fried" Chicken · Vegan Banh Mi · The Farm Club · Chicken Pesto Caprese · Turkey Avo Salsa Verde

# SIDES & SOUPS

Small · Medium · Large

## Spicy Curried Couscous <sup>v</sup>

pearl couscous, roasted cauliflower & carrots, Mendo's signature curry spice 290/580/1160 CAL

## Kale & Apple Rainbow Salad <sup>vg</sup> <sup>gf</sup> <sup>N</sup>

kale, granny smith apples, rainbow carrots, toasted coconut, candied pecans, dried cranberries, Thai basil vinaigrette 250/510/1020 CAL

Cup · Bowl

## Tomato Basil <sup>vg</sup> <sup>gf</sup>

270/540 CAL

## Southern Potato Salad <sup>v</sup> <sup>gf</sup>

creamy potato salad with whole grain mustard, B&B pickles, scallions, dill 260/530/1050 CAL

## Basil Pesto Shells <sup>vg</sup>

pasta shells, basil pesto, sun dried tomatoes, arugula, feta cheese, parmesan 270/540/1070 CAL

## Lemon Chicken & Farro Soup

180/360 CAL

# DRINKS

## Housemade Lemonade

## Passion Fruit Black Tea

# KIDS

For ages 8 & under  
Includes sliced apples & a drink (organic milk extra)

## Grilled Turkey & Cheddar Sandwich

540 CAL

## Peanut Butter & Strawberry Jelly <sup>vg</sup> <sup>N</sup>

520 CAL

## Grilled Cheddar Cheese Sandwich <sup>vg</sup>

610 CAL

## VIEW THE FULL MENU & ORDER AHEAD!

Scan to see all menu offerings and pricing at your local Mendo

