

CHEF’S SPECIALS

LIMITED TIME!

The Farmhouse Ranch Salad

vine-ripened cherry tomatoes, cucumber, avocado, parmesan, tuscan krispies, chives, romaine, kale, mixed greens, herb buttermilk ranch 470 CAL

ADD chicken

Smoky BBQ Brioche Sandwich

smoked pork burnt ends, BBQ sauce, rainbow carrot-apple slaw, B&B pickles, herb aioli, on cornmeal brioche 670 CAL

The Seasonal GOAT with Sweet Citrus

chicken, goat cheese, honey roasted almonds, oranges, shaved fennel, pickled red onions, fresh mint, romaine, kale, mixed greens, farmhouse vinaigrette, hot citrus honey 710 CAL

SALADS

Try any of these salads as a wrap +1.00

Avocado & Quinoa Superfood Ensalada

avocado, roasted corn, black beans, jicama, grape tomatoes, red onions, quinoa & millet, superfood crunchies, kale, romaine, cilantro, cotija, chipotle vinaigrette 690 CAL

Make it vegan! Skip the cotija

ADD chicken or Impossible chorizo

Chen’s Crispy Rice Salad

chicken OR tofu, rainbow carrots, watermelon radish, cashews, crispy rice, wontons, scallion, cilantro, romaine, kale, spinach, red & green cabbage, miso sesame dressing 700-800 CAL

Vegan when you choose tofu

The Modern Caesar

avocado, grape tomatoes, red onions, parmesan, superfood crunchies, romaine, kale, baby spinach, cabbage, Caesar dressing 610 CAL

ADD chicken

Golden State Cobb

applewood smoked bacon, avocado, hard-boiled egg, blue cheese, vine-ripened cherry tomatoes, pickled red onions, balsamic glaze, chives, romaine, kale, mixed greens, rustic red wine vinaigrette 750 CAL

ADD chicken or steak

Baja Green Goddess

chicken adobado OR Impossible chorizo, roasted corn, black beans, jicama, avocado, grape tomatoes, red onions, Monterey jack, taco crunch, romaine, arugula, cabbage, cilantro, Baja goddess dressing 700-730 CAL

Vegetarian when you choose chorizo

Thai Mango Salad

chicken OR tofu, mango, ramen noodles, pickled daikon & carrots, honey roasted almonds, napa cabbage, kale, romaine, baby spinach, carrots, bean sprouts, Thai basil, mint, cilantro, lime, crispy shallots, Thai almond dressing 840-940 CAL

SANDWICHES

Includes a bag of chips

“Not So Fried” Chicken

chicken, Mendo’s krispies, mustard pickle slaw, tomatoes, pickled red onions, herb aioli, on toasted ciabatta with a side of golden BBQ sauce or mustard remoulade 900-1020 CAL

Peruvian Steak

seared steak tossed in a spicy ají amarillo sauce, melted Oaxacan cheese, tomatoes, red onions, shredded romaine, herb aioli, on toasted potato roll 760 CAL

ADD avocado

Prosciutto & Chicken

chicken, Italian prosciutto, fresh mozzarella, crushed honey roasted almonds, basil pesto, balsamic glaze, tomatoes, on panini-pressed ciabatta 790 CAL

Chimichurri Steak & Bacon

seared steak & applewood smoked bacon, marinated red peppers, caramelized onion jam, chimichurri, shredded romaine, herb aioli, on toasted sesame roll 950 CAL

Vegan Banh Mi

baked salt & pepper tofu, pickled daikon & carrots, cucumber, jalapeño, Thai basil, cilantro, sweet chili sauce, vegan mayo, on panini-pressed ciabatta 670 CAL

The Farm Club

roasted turkey, smashed avocado, applewood smoked bacon, tomatoes, pickled red onions, mixed greens, herb aioli, on seeded honey whole wheat 760 CAL

Chicken Parm Dip

chicken, Mendo’s krispies, melted mozzarella & parmesan, pomodoro sauce, basil, Calabrian chile aioli, on toasted sesame roll served with extra pomodoro for dipping 930-970 CAL

Chicken Pesto Caprese

chicken, fresh mozzarella, marinated red peppers, basil pesto, mixed greens, balsamic, on panini-pressed ciabatta 800 CAL

Make it vegetarian! Swap chicken for extra mozzarella

Turkey Avo Salsa Verde

roasted turkey, smashed avocado, melted smoked Gouda, cotija, Mama Lil’s sweet hot peppers, jalapeño salsa aioli, tomatoes, shredded romaine, red onions, on panini-pressed sourdough, served with a side of jalapeño salsa verde 880-900 CAL

The Happy Hippie

avocado, cucumber, carrots, Kumato tomatoes, beet caviar, hummus, white cheddar, sprouts, cucumber dill ranch, vegan mayo, on toasted honey whole wheat 820 CAL

Make it vegan! Skip the cheddar & sub ciabatta

HALF SANDWICH COMBO

Half Sandwich w/Deli Side or Soup

“Not So Fried” Chicken · Vegan Banh Mi · The Farm Club · Chicken Pesto Caprese · Turkey Avo Salsa Verde

SIDES & SOUPS

Medium · Large

Spicy Curried Couscous

pearl couscous, roasted cauliflower & carrots, Mendo’s signature curry spice 580/1160 CAL

Kale & Apple Rainbow Salad

kale, granny smith apples, rainbow carrots, toasted coconut, candied pecans, dried cranberries, Thai basil vinaigrette 510/1020 CAL

Cup · Bowl

Tomato Basil

270/540 CAL

Southern Potato Salad

creamy potato salad with whole grain mustard, B&B pickles, scallions, dill 530/1050 CAL

Basil Pesto Shells

pasta shells, basil pesto, sun dried tomatoes, arugula, feta cheese, parmesan 540/1070 CAL

Lemon Chicken & Farro Soup

180/360 CAL

DRINKS

Housemade Lemonade

Classic, Guava, or Pomegranate Mint

Passion Fruit Black Tea

Get Your Greens

Beer & Wine Available At Select Locations!

KIDS

For ages 8 & under
Includes sliced apples & a drink (organic milk extra)

Grilled Turkey & Cheddar Sandwich

540 CAL

Grilled Cheddar Cheese Sandwich

610 CAL

Peanut Butter & Strawberry Jelly

520 CAL

Crispy Chicken Tenders

with a side of ketchup or vegan ranch 360-480 CAL

Vegan Vegetarian Gluten-Free Contains Nuts

Request Gluten-Free by substituting the bread

VIEW THE FULL MENU & ORDER AHEAD!

Scan to see all menu offerings and pricing at your local Mendo

