

## Summer Seasonal

### BBQ CHICKEN SALAD 11.85 RGF

shaved, roasted chicken breast, black bean, roasted corn & jicama succotash, chopped romaine, cabbage & kale slaw with green onions, cilantro, red onions, grape tomatoes, BBQ sauce drizzle (270 cal) with classic buttermilk ranch (170 cal)

### PEACHY KEEN CHICKEN CLUB 12.45 RGF

shaved, roasted chicken breast, nitrate-free Applewood smoked bacon, havarti cheese, Mama Lil's Peppers, arugula, red onions, herb aioli (640 cal) on toasted pretzel roll (340 cal), served with a side of hometown peach honey mustard (50 cal)

### SUMMER HEIRLOOM BLT 10.25 RGF

heirloom tomatoes, nitrate-free Applewood smoked bacon with habanero honey, Sir Kensington's mayonnaise, arugula (560 cal) on toasted buckwheat (320 cal)

## Classics "Mendo Style"

### THE FARM CLUB (TURKEY CLUB) 10.85 RGF

shaved, roasted turkey breast, smashed avocado, nitrate-free Applewood smoked bacon, herb aioli, tomatoes, field greens, pickled red onions (440 cal) on Mom's seeded whole wheat (320 cal)

### A SANDWICH STUDY OF HEAT (TURKEY AVOCADO) 10.45 RGF

shaved, roasted turkey breast, smoked gouda, smashed avocado, chili aioli, jalapeno relish, tomatoes, romaine lettuce (420 cal) on panini-pressed rustic white (320 cal) served with a side of salsa quemada (20 cal) \*Ask your host how to make it daringly hot or completely cool!

### MODERN TUNA "ALMOST MELT" 10.55 RGF

Fishin' Families sustainable pole & line caught premium yellowfin tuna with fresh herbs, celery, farmhouse cheddar, vegan aioli, bread & butter pickles, red onions, tomatoes, field greens (670 cal) on panini-pressed buckwheat (320 cal)

### MARIO'S CAPRESE 8.95 VG | RGF

BelGioioso fresh mozzarella, marinated red peppers, basil pesto, field greens, balsamic glaze drizzle (600 cal) on ciabatta (260 cal)

### THE HOT ITALIAN (ITALIAN HOAGIE) 10.75 RGF

caramelized nitrate-free salami and nitrate-free honey ham with provolone, spicy olive-mustard giardiniera, romaine lettuce, herb aioli (680 cal) on toasted sesame roll (300 cal)

### CHICKEN MBP (NOT YOUR TYPICAL MOZZARELLA & BASIL) 9.75 RGF

shaved, roasted chicken breast, BelGioioso fresh mozzarella, marinated red peppers, basil pesto, field greens, balsamic glaze drizzle (460 cal) on ciabatta (260 cal)

## Blue Plate Special

### HALF SANDWICH + YOUR CHOICE OF SEASONAL SOUP OR DELI SIDE

CHICKEN MBP (360 cal) 10.45

VEGAN BANH MI (330 cal) 10.75

MARIO'S CAPRESE (430 cal) 10.45

FARM CLUB (380 cal) 10.75

MODERN TUNA "ALMOST MELT" (490 cal) 10.45

MENDOZA'S CHIMICHURRI STEAK ON PRETZEL (420 cal) 10.75

"NOT SO FRIED" CHICKEN (450 cal) 10.75

## Foodie Favorites

### "NOT SO FRIED" CHICKEN 10.85

shaved, roasted chicken breast topped with Mendo's krispies, herb aioli, mustard pickle slaw, tomatoes, pickled red onions (640 cal) on toasted ciabatta (260 cal) with a side of our chipotle BBQ (80 cal) or mustard pickle remoulade (120 cal)

### PERUVIAN STEAK SANDWICH 11.55 RGF

spicy aji amarillo marinated steak with Oaxacan cheese, herb aioli, red onions, tomatoes, shredded romaine (520 cal) on pressed torta bun (310 cal) **Add** avocado (80 cal) \$1.25

### MENDO'S ORIGINAL PORK BELLY BANH MI 11.25 RGF

our Chef's playful take on the popular Vietnamese sandwich with braised, caramelized pork belly, housemade pickled daikon & carrots, cilantro, cucumbers, jalapenos, chili aioli (540 cal) on panini-pressed ciabatta (260 cal)

### PROSCIUTTO & CHICKEN 11.45 RGF

prosciutto & shaved, roasted chicken breast with BelGioioso fresh mozzarella, crushed honey roasted almonds, basil pesto, balsamic glaze drizzle, tomatoes (590 cal) on panini-pressed ciabatta (260 cal)

### MENDOZA'S CHIMICHURRI STEAK ON PRETZEL 11.75 RGF

carved steak with chimichurri sauce, nitrate-free Applewood smoked bacon, Mama Lil's Peppers, fried onions, herb aioli, arugula (510 cal) on toasted pretzel roll (340 cal)

## Vegan For All!

SEASONAL

### HEIRLOOM TOMATO & SMOKED TEMPEH SANDWICH 10.25 V | RGF

heirloom tomatoes, BBQ house-smoked organic tempeh, vegan aioli, arugula (670 cal) on toasted buckwheat (320 cal)

### THE IMPOSSIBLE<sup>®</sup> BURGER QUEEN 12.45 V | RGF

housemade southwestern spiced Impossible burger patty topped with tomato cayenne Chao cheese, smoky thousand island, tomatoes, red onions, housemade bread & butter pickles, and butter lettuce (500 cal) on a toasted plant-based brioche bun (210 cal)

### MENDO'S SMOKEHOUSE TEMPEH SANDWICH 10.45 V

BBQ house-smoked organic tempeh, mustard pickle slaw, tomatoes, pickled red onions, vegan aioli (670 cal) on toasted ciabatta (260 cal)

### VEGAN BANH MI 10.45 V | RGF

organic marinated, baked tofu with vegan aioli, sweet chili sauce, housemade pickled daikon & carrots, cucumbers, jalapenos, cilantro (390 cal) on panini-pressed ciabatta (260 cal)

Fresh Daily

### SLOW DOUGH BREAD CO

- ▼ Pretzel Roll ▼ Buckwheat ▼ Whole Wheat Tortilla
- ▼ Plant-Based Brioche Bun ▼ Rustic White ▼ Sesame Roll
- ▼ Ciabatta ▼ Torta Bun ▼ Mom's Seeded Whole Wheat

▼ GLUTEN FREE BREAD ADD 1.50 (220 CAL)  
SHARES EQUIPMENT WITH PRODUCTS THAT CONTAIN GLUTEN

### Legend

- RGF Can be Requested Gluten Free
- ▼ Vegan
- VG Vegetarian

2,000 calories a day is used for general nutritional advice, but calorie needs vary. Additional nutritional information available upon request. Ingredients are subject to availability; a suitable substitution may be made if necessary. Although efforts are made to avoid cross contact of allergens, we cannot guarantee that food items will not inadvertently come in contact with one another during preparation

## Entrée Salads

SEASONAL

### BBQ CHICKEN SALAD 11.85 RGF

shaved, roasted chicken breast, black bean, roasted corn & jicama succotash, chopped romaine, cabbage & kale slaw with green onions, cilantro, red onions, grape tomatoes, BBQ sauce drizzle (270 cal) with classic buttermilk ranch (170 cal)

### AVOCADO & QUINOA SUPERFOOD ENSALADA 10.95 VG | RGF

chopped romaine, curly kale, quinoa & millet, housemade superfood crunchies, black bean, roasted corn & jicama succotash, red onions, cilantro, cotija cheese, grape tomatoes, avocado (400 cal) with chipotle vinaigrette (250 cal) **Add** shaved, roasted chicken breast (110 cal) \$3

### PINK LADY BEETS & GOAT CHEESE SALAD 12.75 RGF

shaved, roasted chicken breast, Herbes de Provence marinated goat cheese, pink lady beets, green apples, dried cranberries, crushed honey roasted almonds, red onions, field greens, chopped romaine (620 cal) with citrus vinaigrette (220 cal)

### THE IMPOSSIBLE<sup>®</sup> TACO SALAD 11.35 V | RGF

plant-based Impossible chorizo, housemade superfood crunchies, chopped romaine, curly kale, black bean, roasted corn & jicama succotash, red onions, cilantro, grape tomatoes, avocado (400 cal) with house vegan chipotle ranch (240 cal)

### MAMA CHEN'S CHINESE CHICKEN SALAD 11.85

shaved, roasted chicken breast, napa cabbage & kale slaw with carrots & bean sprouts, chopped romaine, scallions, cilantro, toasted cashews, crispy wontons (420 cal) with miso mustard sesame dressing (240 cal)

**Make it Vegetarian!** VG Try it with organic marinated, baked tofu instead! (750 cal) Or ask how to make it vegan! (610 cal)

### CHICKEN COBB SALAD 13.25

shaved, roasted chicken breast with balsamic glaze drizzle, chopped romaine, baby spinach, nitrate-free Applewood smoked bacon, crumbled blue cheese, avocado, grape tomatoes, red onions, hard boiled egg (510 cal) with mustard shallot vinaigrette (240 cal)

### THE MODERN CAESAR 2.0 9.95 RGF

curly kale, chopped romaine, housemade superfood crunchies, shaved Grana Padano cheese, red onions, grape tomatoes, avocado (290 cal) with classic Caesar dressing (340 cal) **Add** shaved, roasted chicken breast (110 cal) \$3

### THE SOPHISTICATED CHICKEN & PROSCIUTTO SALAD 13.35 RGF

prosciutto & shaved, roasted chicken breast, roasted vegetables, BelGioioso fresh mozzarella, crushed honey roasted almonds, marinated red peppers, red onions, grape tomatoes, field greens, chopped romaine (550 cal) with basil pesto balsamic vinaigrette (230 cal)

\*SALADS COME WITH 1/2 VEGAN WHOLE WHEAT TORTILLA (110 CAL) UPON REQUEST

## Beverages

PUCK'S ALL NATURAL FOUNTAIN SODAS (0-260 cal)

ARTISAN BLEND UNSWEETENED PASSIONFRUIT BLACK ICED TEA (5 cal)

LEMONADE (160-260 cal)

ORGANIC MILK (90 cal) not available at all locations

BOTTLED WATER (0 cal)

CRAFT BEER & LOCAL WINE AT SELECT LOCATIONS

